UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
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nours per response	e 0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

esponses)		1												
Name and Address of Reporting Person* DeSimone John				2. Issuer Name and Ticker or Trading Symbol HERBALIFE NUTRITION LTD. [HLF]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
MPIC	(First) BLVD., SU	(Middle) JITE 406			est Transaction (Month/Day/Year) X Officer (give title below) President			Other (specify b	elow)						
(Street) LOS ANGELES, CA 90015			4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
220, 01	(State)	(Zip)			able	I - Nor	ı-Der	ivative S	Securities	Acqui	red, Disp	osed of, or l	Beneficially (Owned	
(Instr. 3)		2. Transaction Date (Month/Day/Year)	any		f Co (In	Code (Instr. 8)		1			D) Beneficially Owned For Reported Transaction(s		ollowing O	Ownership Form:	Beneficial
			(Mont	h/Day/Yea		Code	V	Amoun	(A) or (D)	Price	(Instr. 3 and 4)			or Indirect (Instr. 4)	
ock		03/30/2022				F		833 (1	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		79,974	9,974		D	
ock											33,403			I	By Trust
						Acquire	the f	form dis	splays a o	currer eficiall	ntly valid	OMB con			
version	Date	n 3A. Deemed Execution Da any	ate, if	4. Transaction Code (Instr. 8)		5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Ti Amo Undo Secu	ount of erlying crities	Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported	Ownershi Form of Derivativ Security: Direct (D or Indirect	Beneficia Ownershi (Instr. 4)
											or				
	dress of hn MPIC : ES, C. Ey Ck ck ck ct on a so version cercise c of vative	dress of Reporting Pe hn (First) MPIC BLVD., SU (Street) (Street) (Street) (State) ES, CA 90015 (State) Ey Ck ck ck ck ck ck ck ck ck ck	dress of Reporting Person hin (First) (Middle) MPIC BLVD., SUITE 406 (Street) ES, CA 90015 (State) (Zip) 2. Transaction Date (Month/Day/Year) ck 03/30/2022 ck Table II - Version Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Month/Day/Year)	dress of Reporting Person 2. Is HER (First) (Middle) 3. Da 03/3 (Street) 4. If A (ES, CA 90015 (State) (Zip) (State) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Trable II - Deriva (e.g., proversion Date (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Month/Day/Year)	dress of Reporting Person* 2. Issuer Name HERBALIFE (Middle) 3. Date of Earlie 03/30/2022 4. If Amendment (Street) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Deemed Execution Date, is any (Month/Day/Year) 24. Deemed Execution Date, is any (Month/Day/Year) 25. Transaction Date (Month/Day/Year) 26. Deemed Execution Date, is any (Month/Day/Year) 37. Transaction Date (Month/Day/Year) 38. Deemed Execution Date, is any (Month/Day/Year) 4. Transaction Code (Month/Day/Year) 39. Deemed Execution Date, is any (Month/Day/Year) 40. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 8)	dress of Reporting Person* hin	dress of Reporting Person 2. Issuer Name and Ticker HERBALIFE NUTRITY (First) (Middle) 3. Date of Earliest Transaction 03/30/2022 (Street) 4. If Amendment, Date Original Ess, CA 90015 (State) (Zip) Table I - Nor Execution Date, if (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Instr. 8) (Month/Day/Year) Code Ck 03/30/2022 F Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, op (Month/Day/Year) Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, op (Month/Day/Year) (Month/Day/Year) A. Deemed Execution Date, if (Instr. 8) Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, op (Month/Day/Year) (Month/Day/Year) A. Deemed (Instr. 8) Table II - Derivative Securities Acquire (e.g., puts, calls, warrants, op (Month/Day/Year) (Month/Day/Year) Acquire (A) or Disposed of (D)	dress of Reporting Person* In	dress of Reporting Person* 2. Issuer Name and Ticker or Trading Sy HERBALIFE NUTRITION LTD. (Street) (Street) (Street) (State) (State) (State) (Zip) (Zip) (Month/Day/Year) (Month/Day/Year) (A) or Date (Agrands) (Month/Day/Year) (Code V Amount (Answer) (Cod	Actives of Reporting Person* Code V Amount (D)	Tress of Reporting Person* In	Tress of Reporting Person - 1	Tress of Reporting Person has been decreased from the model of the mod	2. Issuer Name and Ticker or Trading Symbol HERBALIFE NUTRITION LTD. [HLF] S. Relationship of Reporting Person (Check all applications) Check all applications of Check	2. Issuer Name and Ticker or Trading Symbol HERBALIFE NUTRITION LTD. [HLF] 5. Relationship of Reporting Person(s) to Issue (Check all applicable) Director (Check all appl

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
DeSimone John 800 W. OLYMPIC BLVD., SUITE 406 LOS ANGELES, CA 90015			President			

Signatures

Lisa Kwon, as Attorney-In-Fact for John DeSimone	04/01/2022
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Units withheld to satisfy the withholding tax obligations due in connection with the vesting of restricted stock units ("RSUs") previously granted to the Reporting Person on March 30, 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.