## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person* Chiu Shin-Shing Bosco				2. Issuer Name and Ticker or Trading Symbol HERBALIFE NUTRITION LTD. [HLF]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director  Officer (give title below)  EVP, Chief Financial Officer					
(Last) (First) (Middle) 800 W. OLYMPIC BOULEVARD, SUITE 406				3. Date of Earliest Transaction (Month/Day/Year) 02/26/2020												
(Street) LOS ANGELES, CA 90015				_X_1							X_ Form file	Individual or Joint/Group Filing(Check Applicable Line)  _ Form filed by One Reporting Person _ Form filed by More than One Reporting Person				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acquired, Dispos								osed of, or I	Beneficially	Owned		
1.Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Ye			Date (Month/Day/Year)	any	ution Date, if	Code (Instr.	nsaction 8)	(A) or I	rities Acq Disposed , 4 and 5	of (D)	Beneficia Reported	t of Securities lly Owned Following Transaction(s)		Form:	7. Nature of Indirect Beneficial	
			(Month/Day/Year)		Code	e V	Amount	(A) or t (D)	Price	(Instr. 3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)		
Common	Stock		02/26/2020			F		308 (1)	D	\$ 33.27	28,963			D		
							uired, D	isposed (	of, or Be	neficiall	-					
	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/	3A. Deemed Execution Date	e.g., put te, if 4. Co	g., puts, calls, wa 4. if Transaction 1 Code (Instr. 8)		uired, E options 6. I and	and Expiration Date (Month/Day/Year)		7. Tit Amo Unde	y Owned tle and unt of erlying	8. Price of Derivative Security (Instr. 5)	rice of vative Derivative Securities	of 10. Owners! Form of Derivati Security Direct (l or Indire	Ownership (Instr. 4)	
						of (D) (Instr. 3 4, and 5	,				Amount	•	(Instr. 4)	(Instr. 4		
					Code V	(A) (I	Dat Exe	-	Expiration Date	Title	or Number of Shares					
Repor	ting O	wners														
	D	Relationships														
Reporting Owner Name / Address					Director 10% Officer					Othe						

## **Signatures**

Chiu Shin-Shing Bosco

LOS ANGELES, CA 90015

Lisa Kwon, as Attorney-In-Fact for Shin-Shing Bosco Chiu	02/28/2020
**Signature of Reporting Person	Date

Owner

EVP, Chief Financial Officer

### **Explanation of Responses:**

800 W. OLYMPIC BOULEVARD, SUITE 406

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Units withheld to satisfy the withholding tax obligations due in connection with the vesting of restricted stock units previously granted to the Reporting Person on February 26, 2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.