FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person* Wang Henry C					2. Issuer Name and Ticker or Trading Symbol HERBALIFE NUTRITION LTD. [HLF]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 800 W. OLYMPIC BLVD. SUITE 406					3. Date of Earliest Transaction (Month/Day/Year) 02/26/2019							X_Office	er (give title bel EVF	ow) P, General Co	Other (specify be	elow)	
(Street)				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
LOS AN	GELES, C	CA 90015												ed by Wore than	One reporting	cison	
(City	r)	(State)	(Zip)			Ta	able I	- Non	-Der	ivative	Securities	s Acq	uired, Disp	osed of, or I	Beneficially	Owned	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Datany		te, if	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D (Instr. 3, 4 and 5)				Following	Ownership Form:	7. Nature of Indirect Beneficial		
				(Mon	nth/Day/Year)			ode	V	Amoun	(A) or t (D)	Price	(Instr. 3 a	3 and 4)		\ /	
Common	Stock		02/26/2019					F		307 (1) D	\$ 56.52	6 352			D	
								quire	the f	form dis	splays a of, or Ber	curre neficia	ently valid	OMB conf	spond unle trol numbe		
1. Title of	l ₂	2 T						ts, op			tible secu			0 D.:	0. Manualtan	of 10.	11 Notes
	Conversion or Exercise Price of Derivative Security	3. Transactio Date (Month/Day/	Execution Da	ate, if	if Transaction Code ar) (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		An Un Sec	Fitle and nount of derlying curities str. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownersh Form of Derivativ Security: Direct (I or Indire	Beneficial Ownershij (Instr. 4)	
					Code	V	(A)	(D)	Date Exer	e rcisable	Expiratio Date	on Tit	Amount or le Number of Shares				

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Wang Henry C 800 W. OLYMPIC BLVD. SUITE 406 LOS ANGELES, CA 90015			EVP, General Counsel					

Signatures

Lisa Kwon, as Attorney-In-Fact for Henry Wang	02/28/2019
Signature of Reporting Person	Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Units withheld to satisfy the withholding tax obligations due in connection with the vesting of restricted stock units previously granted to the Reporting Person on February 26, 2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.