## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person *  Montelongo Michael			2. Issuer Name <b>and</b> Ticker or Trading Symbol HERBALIFE NUTRITION LTD. [HLF]				5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director						
(Last) (First) (Middle) 800 W. OLYMPIC BLVD. SUITE 406			3. Date of Earliest Transaction (Month/Day/Year) 05/07/2018				-							
(Street) LOS ANGELES, CA 90015			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City	)	(State)	(Zip)	Ta	ble I - No	ı-Derivati	ve Seci	urities A	Cquir	red, Dispe	osed of, or I	Beneficially (	Owned	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D (Instr. 3, 4 and 5)		f(D)	D) Beneficially Owned F Reported Transaction		Following (s)	Ownership Form:	7. Nature of Indirect Beneficial Ownership	
				(World) Day Tear	Code	V An		(A) or (D) P	Price	(msu. 3 a	oi (I		or Indirect (Instr. 4) (Instr. 4)	
Common	Stock		05/07/2018		A(1)	1,1	95 A	A \$	0 6	7,289			D	
Reminder:	Report on a s	separate line for	each class of secur	ities beneficially ov		Persons containe	who r	his forn	n are	not requ		spond unle	ss	1474 (9-02)
Reminder:	Report on a s	separate line for	Table II - I	ities beneficially ov Derivative Securiti e.g., puts, calls, wa	ies Acquir	Persons containe the form	who red in the display	his form ays a co or Benef	n are urren ficiall	not requ itly valid	uired to res		ss	1474 (9-02)
1. Title of	2.	3. Transaction Date (Month/Day/Y	Table II - I (a 3A. Deemed Execution Dat (any)	Derivative Securities, puts, calls, was te, if Transaction Code (Instr. 8)	ies Acquir arrants, op	Persons containe the form	who red in the displayed of, overtible xercisaration I	his form ays a co or Benef le securi able Date	ficially ties) 7. Tit Amou Unde Secur	not required the and the and the and the erlying	OMB conf	spond unle	of 10. Ownersh Form of Derivativ Security: Direct (I or Indire	11. Nature of Indirection of Indirec

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
Montelongo Michael 800 W. OLYMPIC BLVD. SUITE 406 LOS ANGELES, CA 90015	X				

## **Signatures**

/s/ Eileen Uy, Attorney-in-fact for Michael Montelongo	05/09/2018
**Signature of Reporting Person	Date

### **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of restricted stock units ("RSU") under the Herbalife Nutrition Ltd. 2014 Stock Incentive Plan. Each RSU represents a contingent right to receive one share of Herbalife Nutrition Ltd. common stock on vesting. This award will vest 100% on April 15, 2019.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.