FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations may
continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses))										
1. Name and Address of PEZZULLO DAVII	2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) 				
(Last) 800 W. OLYMPIC	3. Date of Earliest Transaction (Month/Day/Year) 03/05/2018						X_Officer (give title below) Other (specify below) Chief Operating Officer				
LOS ANGELES, CA	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)		Table I - N	Non-I	Derivative	Securit	ies Acqu	ired, Disposed of, or Beneficially Owne	d	
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if	(Instr. 8)	ion	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Transaction(s)	Ownership Form:	Beneficial
		Code		v	Amount	(A) or (D)	Price	(Instr. 3 and 4)		Ownershi (Instr. 4)	
Common Stock		03/05/2018		M <mark>(1)</mark>		19,832	А	\$ 22.94	83,358	D	
Common Stock		03/05/2018		D <mark>(1)</mark>		4,826	D	\$ 94.27	78,532	D	
Common Stock		03/05/2018		F <u>(1)</u>		7,440	D	\$ 94.27	71,092	D	
Common Stock		03/05/2018		M <mark>(2)</mark>		50,000	А	\$ 6.82	121,092	D	
Common Stock		03/05/2018		D ⁽²⁾		3,618	D	\$ 94.27	117,474	D	
Common Stock		03/05/2018		F <u>(2)</u>		21,969	D	\$ 94.27	95,505	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in SEC 1474 (9-02) this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	Conversion	Date (Month/Day/Year)	Execution Date, if	Code	tion	of E Sect Acq or E of (I	Derivative urities uired (A) Disposed D) tr. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities		8. Price of Derivative Security (Instr. 5)	Securities Beneficially Owned Following	Ownership Form of Derivative Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)		Date Exercisable	Expiration Date		Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Stock Appreciation Rights	\$ 22.94	03/05/2018		M <mark>(1)</mark>			19,832	05/07/2013	05/07/2020	Common Stock	19,832	\$ 0	0	D	
Stock Appreciation Rights	\$ 6.82	03/05/2018		M <mark>(2)</mark>			50,000	02/27/2012	02/27/2019	Common Stock	50,000	\$ 0	0	D	

Reporting Owners

Reporting Owner Name /	Relationships								
Address	Director	10% Owner	Officer	Other					
PEZZULLO DAVID 800 W. OLYMPIC BLVD SUITE 406 LOS ANGELES, CA 90015			Chief Operating Officer						

Signatures

/s/ Eileen Uy, Attorney-in-Fact for David Pezzullo	03/07/2018
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The reporting person received 7,566 shares of common stock upon the net exercise of the 19,832 stock appreciation rights ("SARs"). The reporting person forfeited 4,826 shares of common (1) stock underlying SARs in payment of the exercise price and 7,440 shares of common stock underlying the SARs to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on March 5, 2018 of \$94.27.

The reporting person received 24,413 shares of common stock upon the net exercise of the 50,000 SARs. The reporting person forfeited 3,618 shares of common stock underlying the SARs in (2) payment of the exercise price and 21,969 shares of common stock underlying the SARs to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on March 5, 2018 of \$94.27.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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