FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Re	esponses)																	
Name and Address of Reporting Person * Montesino Ibelis				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]								Dir	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle) 800 W. OLYMPIC BLVD., SUITE 406			3. Date of Earliest Transaction (Month/Day/Year) 03/02/2018								X_Of	X Officer (give title below) Other (specify below) SVP/Managing Dir North America						
(Street) LOS ANGELES, CA 90015				4. If Amendment, Date Original Filed(Month/Day/Year)								_X_ Form	6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City)	LLS, CIT A	(State)	(Zip)	Table I - Non-Derivative Securities Acqu							Acquired, Di	ired. Disposed of, or Beneficially Owned						
(Instr. 3) Date		2. Transaction Date (Month/Day/Year	Exec any	2A. Deemed Execution Date, if any (Month/Day/Year)		,	(Instr. 8)				1 (A) 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			6. Ownership Form: Direct (D) or Indirect	Beneficial Ownership			
								Code	V	Amou	(A) or (D)		ice				(I) (Instr. 4)	
Common Stock		03/02/2018					M ⁽¹⁾		19,57	6 A	\$ 30.4	32,17	7			D		
Common Stock		03/02/2018					D ⁽¹⁾		6,292	D	\$ 94.	72 25,88	25,885			D		
Common Stock		03/02/2018					F ⁽¹⁾		5,032	D	\$ 94.7	72 20,85	20,853			D		
Common Stock		03/02/2018					S		7,967	D	\$ 93.0 (2)	02 12,88	6			D		
Common Stock		03/06/2018					S		8,252	D	\$ 94.0	63 4,634				D		
Reminder: Repor	rt on a separa	ite line for each cl	ass of securities be	neficial	lly ov	wned (direc	ctly or indir	Pers	form a	e not re	quire	o the collected to respon	nd unles			in SEC	1474 (9-02)
			Table II					ties Acquir					ally Owned					
1. Title of Derivative Security (Instr. 3)	Conversion Date Execution or Exercise (Month/Day/Year) any		3A. Deemed Execution Date: r) (Month/Day/Ye	rar) (Instr. 8) (Instr. 8) (Instr. 8)		5. N of D Secu Acq or D of (I	fumber derivative Eurities (uired (A) Disposed D) tr. 3, 4,	6. Date Expira	Exercisable and 7. tion Date of N/Day/Year) 7.			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Owners Form of Derivat Security Direct (or Indir (s)	Ownershi (Instr. 4) D) ect	
				C	ode	v	(A)		Date Exercis	sable	Expiration Date	on	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4	
Stock Appreciation	\$ 30.44	03/02/2018		N	1 ⁽¹⁾			19,576 (03/02	/2018	03/02/2	2025	Common Stock	19,576	\$ 0	0	D	

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Montesino Ibelis 800 W. OLYMPIC BLVD., SUITE 406 LOS ANGELES, CA 90015			SVP/Managing Dir North America					

Signatures

/s/ Eileen Uy, Attorney-in-Fact for Ibelis Monetsino	

03/06/2018

**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The reporting person received 8,252 shares of common stock upon the net exercise of the 19,576 SARs. The reporting person forfeited 6,292 shares of common stock underlying the SARs in (1) payment of the exercise price and 5,032 shares of common stock underlying the SARs to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on March 2, 2018 of \$94.72.
- (2) This transaction was executed in multiple trades at prices ranging from \$92.89 to \$93.18. The price reported reflects the weighted average sale price of \$93.02. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- (3) This transaction was executed in multiple trades at prices ranging from \$94.50 to \$94.95. The price reported reflects the weighted average sale price of \$94.63. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.