FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
Name and Address of Reporting Person Lamberti Frank	2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			
800 W. OLYMPIC BLVD., SUITE 40	/	3. Date of Earliest Transaction (Month/Day/Year) 02/22/2018					X_ Officer (give title below) Other (specify below) EVP, Dist/Customer Experience			
(Street) LOS ANGELES, CA 90015	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) X. Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3) 2. Transactic Date (Month/Day.		Execution Date, if any	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Beneficial
		(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock	02/26/2018		A ⁽¹⁾		1,882	A	\$ 0	11,164	D	
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Persons who respond to the collection of information contained

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								iired, Disposed options, conve							
Derivative Conversion Date Executive Security Or Exercise (Month/Day/Year) any		3A. Deemed Execution Date, if any (Month/Day/Year)	f Transaction of Code Der (Instr. 8) Sec Acc (A) Dis of (Instr. 8)			tive ies ed	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Appreciation Rights	\$ 30.44	02/22/2018		A ⁽²⁾		8,442		03/02/2018	03/02/2025	Common Stock	8,442	\$ 0	14,070	D	
Stock Appreciation Rights	\$ 54.75	02/22/2018		A ⁽³⁾		1,567		02/28/2018	02/28/2026	Common Stock	1,567	\$ 0	3,134	D	
Stock Appreciation Rights	\$ 62.51	02/22/2018		A ⁽⁴⁾		3,359		05/09/2018	05/09/2026	Common Stock	3,359	\$ 0	6,718	D	
Stock Appreciation Rights	\$ 57.19	02/22/2018		A ⁽⁵⁾		3,531		02/27/2018	02/27/2027	Common Stock	3,531	\$ 0	3,531	D	

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Lamberti Frank 800 W. OLYMPIC BLVD., SUITE 406 LOS ANGELES, CA 90015			EVP, Dist/Customer Experience					

Signatures

/s/ Eileen Uy, Attorney-in-Fact for Frank Lamberti	02/26/2018

**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of restricted stock units ("RSU") under the Herbalife Ltd. 2014 Stock Incentive Plan. Each RSU represents a contingent right to receive one share of Herbalife Ltd. common stock on vesting. This award will vest 20% each on February 26, 2019 and February 26, 2020, and 60% on February 26, 2021.
- On March 2, 2015, the reporting person was granted an award of 14,070 stock appreciation rights ("SARs"). The amount and timing of the vesting of these SARs is dependent upon the (2) achievement by Herbalife Ltd. (the "Company") of certain performance criteria for each of fiscal 2015, 2016 and 2017. The performance criteria for 2017 was met, resulting in 8,442 which will vest on March 2, 2018.
- On February 28,2016, the reporting person was granted an award of 7,837 stock appreciation rights ("SARs"). The amount and timing of the vesting of these SARs is dependent upon the (3) achievement by Herbalife Ltd. (the "Company") of certain performance criteria for each of fiscal 2015, 2016 and 2017. The performance criteria for 2017 was met, resulting in 1,567 SARs which will vest on February 28, 2018.
- (4) On May 9, 2016, the reporting person was granted an award of 16,795 SARs. The amount and timing of the vesting of these SARs is dependent upon the achievement by the Company of certain performance criteria for each of fiscal 2016, 2017 and 2018. The performance criteria for 2017 was met, resulting in 3,359 SARs which will vest on May 9, 2018.
- (5) On February 27, 2017, the reporting person was granted an award of 17,655 SARs. The amount and timing of the vesting of these SARs is dependent upon the achievement by the Company of certain performance criteria for each of fiscal 2017, 2018 and 2019. The performance criteria for 2017 was met, resulting in 3,531 SARs which will vest on February 27, 2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.