Rights

Stock

Rights

Appreciation

\$ 32.665

05/09/2017

M

8,000

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden 0.5 hours per response.

Check this box if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

obligations may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(D: 4 T D							1 ,											
(Print or Type Responses) 1. Name and Address of Reporting Person * Fleming Ibelis				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 800 W. OLYMPIC BLVD., SUITE 406				3. Date of Earliest Transaction (Month/Day/Year) 05/09/2017									Director					
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)											Filing(Check A _I	oplicable Line)		
LOS ANGELES, CA 90015				3										e Reporting Pers re than One Rep				
(City)	<u> </u>	(State)	(Zip)				Table	I - Non-	Derivativ	e Secur	ities A	cquired, I	Disposed of,	or Benefici	ially Owned			
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Y			Execution any	2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		4. Securities Acquired (a or Disposed of (D) (Instr. 3, 4 and 5)		A) 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			6. Ownership Form: Direct (D) or Indirect	Beneficial Ownership				
						Code	e V	Amount	(A) or (D)	Pric	ce					(IIISII. 4)		
Common Stock 05/09/201			05/09/2017				М		4,874	A	\$ 22.9	4 4,87	4			D		
Common Sto	ck		05/09/2017			D ⁽¹⁾	1	1,536	D	\$ 72.8	1 3,33	8			D			
Common Sto	ck		05/09/2017			F ⁽¹⁾		1,255	D	\$ 72.8	2,08	3			D			
Common Stock 05/09			05/09/2017			М		8,000	9		7 10,0	10,083			D			
Common Stock 05			05/09/2017				D(2)	1	3,590	D	\$ 72.8	6,49	6,493			D		
Common Sto	ck		05/09/2017				F ⁽²⁾		1,667	D	\$ 72.8	1 4,82	4,826			D		
Common Sto	ck		05/09/2017				М		13,050	A	\$ 30.4	4 17,8	76			D		
Common Stock		05/09/2017				D ⁽³⁾)	5,456	D	\$ 72.8	1 12,4	20			D			
Common Stock 05/09			05/09/2017				F(3)		3,964	D	\$ 72.8	8,45	6			D		
Common Stock 05/11/2017			05/11/2017				S		8,456	D	\$ 71.5 (4)	4 0				D		
Reminder: Repor	rt on a separa	ate line for each clas	ss of securities bene	eficially ov	wned	direc	ctly or ind	Pers this	form are	not re	quired		ond unless	formation the form	contained displays a	in SEC	C 1474 (9-02)	
			Table II				rities Acqu warrants,					ly Owned						
Derivative Conversion Date Execution D Security or Exercise (Month/Day/Year) any		3A. Deemed Execution Date, i any (Month/Day/Year	if Transaction of Code ar) (Instr. 8) Ac or of (In		5. N of D Secu Acq or D of (I	Derivative Expiremental (Mor quired (A) Disposed (D) str. 3, 4,		Date Exercisable and		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of 9. Numbo Derivative Security (Instr. 5) Beneficia Owned Followin Reported Transacti (Instr. 4)		Owner Form of Deriva Securit Direct or Indi	tive Ownershi (Instr. 4) (D) rect			
				Code	V	(A)	(D)	Date Exercisa	able	Expirati Date	ion	Title	Amount or Number of Shares		((211011.1		
Stock Appreciation	\$ 22.94	05/09/2017		M		(-*)	4,874	05/07	7/2013	05/07/	2020	Commo		\$0 0 D				

Stock

Common

Stock

8,000

\$0

0

D

01/31/2014 01/31/2021

Rights	Stock Appreciatio Rights	n \$ 30.44	05/09/2017		M		13	3,050	03/02/2017 ⁽⁵⁾	03/02/2025	Common Stock	13,050	\$ 0	19,576 (5)	D	
--------	--------------------------------	------------	------------	--	---	--	----	-------	---------------------------	------------	-----------------	--------	------	------------	---	--

Reporting Owners

				Relationships	
Reportin	ng Owner Name / Address	Director	10% Owner	Officer	Other
	is MPIC BLVD., SUITE 406 LES, CA 90015			SVP/Managing Dir North America	

Signatures

/s/ Eileen Uy, Attorney-in-Fact for Ibelis Fleming	05/11/2017
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The reporting person received 2,083 shares of common stock upon the net exercise of the 4,874 stock appreciation rights ("SARs"). The reporting person forfeited 1,536 shares of common stock (1) underlying the SARS in payment of the exercise price and 1,255 shares of common stock underlying the SARS to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on May 9, 2017 of \$72.81.
- The reporting person received 2,743 shares of common stock upon the net exercise of the 8,000 SARS. The reporting person forfeited 3,590 shares of common stock underlying the SARS in (2) payment of the exercise price and 1,667 shares of common stock underlying the SARS to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on May 9, 2017 of \$77.81
- The reporting person received 3,630 shares of common stock upon the net exercise of the 13,050 SARS. The reporting person forfeited 5,456 shares of common stock underlying the SARS in (3) payment of the exercise price and 3,964 shares of common stock underlying the SARS to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on May 9, 2017 of \$72.81.
- (4) This transaction was executed in multiple trades at prices ranging from \$71.37 to \$71.67. The price reported reflects the weighted average sale price of \$71.5345. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- (5) Consists of 32,626 stock appreciation rights granted under the Herbalife Ltd. 2014 Stock Incentive Plan, of which 20% vested on March 2, 2016, 20% vested on March 2, 2017, and the remaining 60% will vest on March 2, 2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.