UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL								
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hours per response	0.5							

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(rting Person *			Vame	and	Ticker or	radin	a Symb	- 1		5 D	alationchin	of Donortin	a Darcon(a	to Ice	1100			
			2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]								J. F	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
Hienrich Edi (Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year)								Director 10% Owner X Officer (give title below) Other (specify below) SVP/Managing Director EMEA					
800 W. OLYMPIC BLVD. SUITE 406						05/09/2017													
(Street) 4. I					. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) X. Form filed by One Reporting Person Example of the Applicable Check Applicable Line)							
		(7in)										To an fired by More than One Reporting Person							
								1			-	•		•					
1.Title of Security 2. Transaction Date (Month/Day/Yea			Execution Date, if (any)			Code or Dispo			isposed of (D)			Owned Following Reported Transaction(s)			O Fo	Ownership Form:	Beneficial		
			(Month/D	ay/ Y	ear)	Code	V	Amour			Ì	(instr. 3 and 4)		or (I)	Indirect	Ownership (Instr. 4)			
		05/09/2017				M ⁽¹⁾				\$	20	,488 (2)			Ì				
:		05/09/2017				D ⁽³⁾		4,991	D	\$ 72.	81 24	24,497			D				
		05/09/2017				F ⁽³⁾		10,37	8 D	\$ 72.	81 14	,119	19						
		05/09/2017				S ⁽¹⁾		5,488	D	\$ 7.	3 8,6	8,631			D				
:		05/11/2017				S ⁽¹⁾		8,631	D		74 0	74 0		D					
on a separat	e line for each cla						Pers this t	form ar ently va	e not r alid OM	equire IB con	ed to res ntrol nun	pond unle nber.				SEC :	1474 (9-02)		
		T	(e.g., puts	, call	s, w	arrants, op	tions,	conver	tible sec	curities	s)		T			1			
or Exercise (Month/Day/Year) any			, if Transaction of Der Code (Instr. 8) Acquir or District (Instr. 8) (Instr. 8) (Instr. 8)			erivative rities (Month/Day/Year) Security (Month/Day/Year) Security (Insupposed 1) 1				of Unde Securitie	of Underlying Derisecurities Sect Instr. 3 and 4) (Ins		Securiti Benefic Owned Followi Reporte Transac	ve es ially ng d tion(s)	Ownersh Form of Derivati Security Direct (I or Indire (I)	Ownersky (Instr. 4) (Control of the control of the			
		Code	V	(A)	I		sable	Expiration Date		Title	or		(mstr. 4	(ilisti. 4)					
\$ 15.14	05/09/2017		M ⁽¹⁾			24,000	08/31	/2012	08/31/	/2019		12/1/00	0 \$0	0		D			
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	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Hienrich Edi 800 W. OLYMPIC BLVD. SUITE 406 LOS ANGELES, CA 90015			SVP/Managing Director EMEA					

Signatures

/s/ Eileen Uy, Attorney-in-Fact for Edi Heinrich	05/11/2017
-*Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on June 8, 2016.
- (2) The total number of shares has been adjusted to include 4,628 shares inadvertently omitted from prior reports.
- The reporting person received 8,631 shares of common stock upon the net exercise of the 24,000 stock appreciation rights ("SARS"). The reporting person forfeited 4,991 shares of common (3) stock underlying the SARS in payment of the exercise price and 10,378 shares of common stock underlying the SARS to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on May 9, 2017 of \$72.81.
- (4) This transaction was executed in multiple trades at prices ranging from \$71.31 to \$72.27. The price reported above reflects the average sale price of \$72.27. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.