| FORM | 4 |
|------|---|
|------|---|

| Check this box if no   |
|------------------------|
| longer subject to      |
| Section 16. Form 4 or  |
| Form 5 obligations may |
| continue. See          |
| Instruction 1(b).      |

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Type Responses)  |                  |  |  |                    |       |        |                                    |   |  |  |                         |
|--|------------------|--|--|--------------------|-------|--------|------------------------------------|---|--|--|-------------------------|
| 1. Name and Address of Reporting Person <sup>*</sup> –<br>Alzarez Jesus              |                  |  | 2. Issuer Name <b>and</b><br>HERBALIFE LT  |                    | ading | Symbol |                                    | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable)<br>Director10% Owner   |  |  |                         |
| 800 W. OLYMPIC F   | (First)<br>BLVD. |  | 3. Date of Earliest Transaction (Month/Day/Year)<br>02/23/2017                   |                    |       |        |                                    |   | X_Officer (give title below)Other (specify below)Other (spec |  |                         |
| LOS ANGELES, CA  | 4                | 4. If Amendment, Date Original Filed(Month/Day/Year) |  |                    |       |        |                                    | 6. Individual or Joint/Group Filing(Check Applicable Line)<br>_X_Form filed by One Reporting Person<br>Form filed by More than One Reporting Person |  |  |                         |
| LOS ANGELES, CA  |                  |  |  |                    |       |        |                                    |   |  |  |                         |
| (City)   | (State)          | (Zip)  | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned |                    |       |        |                                    |   |  |  |                         |
| 1.Title of Security     2. Transaction       (Instr. 3)     Date       (Month/Day/Ye |                  |  |  | Code<br>(Instr. 8) | lode  |        | ties Acqu<br>sposed of<br>4 and 5) |   | Transaction(s)   | 6.<br>Ownership<br>Form:                       | Beneficial              |
|  |                  |  | (Month/Day/Year)   | Code               | v     | Amount | (A) or<br>(D)                      | Price   | × ,  | Direct (D)<br>or Indirect<br>(I)<br>(Instr. 4) | Ownership<br>(Instr. 4) |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

| (e.g., puts, calls, warrants, options, convertible securities) |            |                          |                    |      |   |  |  |                             |                    |                                      |  |  |                         |   |  |
|--|------------|--------------------------|--------------------|------|---|--|--|-----------------------------|--------------------|--------------------------------------|--|--|-------------------------|---|--|
|  | Conversion | Date<br>(Month/Day/Year) | Execution Date, if | Code |   | 5. Number 6. Date Exercisable and<br>of Expiration Date<br>Derivative (Month/Day/Year) |  | of Underlying<br>Securities |                    | Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>Derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | Ownership<br>Form of<br>Derivative<br>Security:<br>Direct (D)<br>or Indirect | Beneficial<br>Ownership |   |  |
|  |            |                          |                    | Code | V | (A)  |  | Date<br>Exercisable         | Expiration<br>Date | Title                                | Amount<br>or<br>Number<br>of<br>Shares   |  |                         |   |  |
| Stock<br>Appreciation<br>Rights                                | \$ 30.44   | 02/23/2017               |                    | А    |   | 1,957  |  | 03/02/2017                  | 03/02/2025         | Common<br>Stock                      | 1,957  | \$ 0   | 3,914 ( <u>1</u> )      | D |  |
| Stock<br>Appreciation<br>Rights                                | \$ 62.51   | 02/23/2017               |                    | А    |   | 873  |  | 05/09/2017                  | 05/09/2026         | Common<br>Stock                      | 873  | \$ 0   | 873 (2)                 | D |  |

## **Reporting Owners**

| ĺ |  | Relationships |              |                             |       |  |  |  |  |  |
|---|--|---------------|--------------|-----------------------------|-------|--|--|--|--|--|
|   | Reporting Owner Name /<br>Address                              | Director      | 10%<br>Owner | Officer                     | Other |  |  |  |  |  |
|   | Alzarez Jesus<br>800 W. OLYMPIC BLVD.<br>LOS ANGELES, CA 90015 |               |              | VP, General Manager, Mexico |       |  |  |  |  |  |

### Signatures

| /s/ Mark J. Friedman, Attorney-in-Fact for Jesus Alvarez | 02/27/2017 |
|--|------------|
| Signature of Reporting Person                            | Date       |

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On March 2, 2015, the reporting person was granted an award of 9,787 stock appreciation rights ("SARs"). The amount and timing of the vesting of these SARs is dependent upon the achievement by Herbalife Ltd. (the "Company") of certain performance criteria for each of fiscal 2015, 2016 and 2017. The performance criteria for 2016 was met, resulting in 1,957 SARs which will vest on March 2, 2017.

(2) On May 9, 2016, the reporting person was granted an award of 4,366 SARs. The amount and timing of the vesting of these SARs is dependent upon the achievement by the Company of certain performance criteria for each of fiscal 2016, 2017 and 2018. The performance criteria for 2016 was met, resulting in 873 SARs which will vest on May 9, 2017.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.