## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
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longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Re	esponses)																
1. Name and Address of Reporting Person * Hienrich Edi				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 800 W. OLYMPIC BLVD. SUITE 406				3. Date of Earliest Transaction (Month/Day/Year) 04/27/2016							X0	X_Officer (give title below) Other (specify below)  SVP/Managing Director EMEA					
(Street) LOS ANGELES, CA 90015			4	4. If Amendment, Date Original Filed(Month/Day/Year)							_X_ For	6. Individual or Joint/Group FilingCheck Applicable Line)  X. Form filed by One Reporting Person  Form filed by More than One Reporting Person					
(City) (State) (Zip)			(Zip)	Table I - Non-Derivative Securities Acqui							Acquired, D	lired, Disposed of, or Beneficially Owned					
(Instr. 3) Date		2. Transaction Date (Month/Day/Year			ate, if		4. Securities A (A) or Dispose (Instr. 3, 4 and		Disposed of (	D) Owned Transac	mount of Securities Beneficially led Following Reported saction(s)			6. Ownership Form:	Beneficial		
				(Month/Day/Ye		(Year)	Со	de V	Amou	nt (A) or (D) I	Price (Instr. )	3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, i	(e.g., puts, cal 4. Transaction Code (Instr. 8)		5. Number		Expiration Date o (Month/Day/Year) S		7. Title and of Underly Securities	7. Title and Amount of Underlying		9. Number of Derivative Securities Beneficially Owned Following Reported	Ownersh Form of	(Instr. 4)		
								Date Exercisabl	Expiration le Date		Title	Amount or Number of		Transaction(s) (Instr. 4)	(s) (I) (Instr. 4)		
Stock				Code	V	(A)	(D)					Shares					
Appreciation Rights	\$ 79.58	04/27/2016		A		9,079	)	06/21/20	)16 <sup>(1)</sup>	12/19/2023	Stock	9,079	\$ 0	15,133 (1	D D		
Reportin	g Own	ers															

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Hienrich Edi 800 W. OLYMPIC BLVD. SUITE 406 LOS ANGELES, CA 90015			SVP/Managing Director EMEA				

# **Signatures**

/s/ Mark J. Friedman, Attorney-in-Fact for Edi Hienrich	12/30/2016	
**Signature of Reporting Person	Date	

## **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On December 19, 2013, the reporting person was granted an award of 15,133 stock appreciation rights (SARs). The amount and timing of the vesting of these SARs were dependent upon (1) Herbalife Ltd.'s achievement of certain performance criteria for each of fiscal 2013, 2014 and 2015. The performance criteria were met in 2015, resulting in the vesting of 9,079 SARs subject to this award on June 21, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.