

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL				
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nours per response	9 0.5			

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Friedman Mark J	2. Date of Event Requiring Statement (Month/Day/Year) - 10/25/2013			3. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]				
(Last) (First) (Middle) 800 W. OLYMPIC BLVD., SUITE 406				Issuer	Reporting Person	\ /	5. If Amendment, Date Original Filed(Month/Day/Year)	
LOS ANGELES, CA 90015			ī	(Check all applicable) Director 10% Owner X Officer (give title below) General Counsel		ify Applicable 1 _X_ Form f	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person	
(City) (State) (Zip)		Table I - Non-Derivative Securities Beneficially Owned						
1.Title of Security (Instr. 4)	Beneficially Owned F (Instr. 4) (I			4. Nature of Indirect Beneficial Ownership (Instr. 5)				
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. SEC 1473 (7-02) Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.								
Table II - Derivative			ľ	` ` ` `		T		l'
(Instr. 4) an	2. Date Exercisable and Expiration Date (Month/Day/Year) 2. Date Exercisable and Expiration Date (Month/Day/Year) 2. Date Exercisable and Expiration Date (Month/Day/Year) 3. Title and Amount of Securities Underlying Derivative Security (Instr. 4) Date Exercisable Date Expiration Date Shares		rities Und		Price of Derivative	5. Ownership Form of Derivative Security: Direct	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
			Security	(D) or Indirect (I) (Instr. 5)				

Reporting Owners

Donouting Owney Name /	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Friedman Mark J 800 W. OLYMPIC BLVD. SUITE 406 LOS ANGELES, CA 90015			General Counsel			

Signatures

Mark J. Friedman	11/01/2013
**Signature of Reporting Person	Date

Explanation of Responses:

No securities are beneficially owned

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.