FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations may
continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting Person [*] Fernandez Calero Miguel Angel	2. Issuer Name and HERBALIFE LT			g Symbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) 800 W. OLYMPIC BLVD., SUITE 4	3. Date of Earliest Tr 02/27/2012	ransaction (1	Month	n/Day/Yea	ır)	X_Officer (give title below)Other (specify below) _				
(Street) LOS ANGELES, CA 90015	4. If Amendment, Da	ate Original	Filed(Month/Day/	Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State)	(Zip)		Table I - N	lon-D	erivative	Securiti	ired, Disposed of, or Beneficially Owned			
1.Title of Security 2. Transaction (Instr. 3) Date (Month/Day/Yet)		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transact Code (Instr. 8)	ion				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D)	Beneficial
		(wonui/Day/Teal)	Code	v	Amount	(A) or (D)	Price	(IIISU. 5 and 4)	or Indirect (I) (Instr. 4)	
Common Stock	02/27/2012		F		612 <mark>(1)</mark>	D	\$ 66.5	6,693	D	
Common Stock	02/28/2012		М		11,160	А	\$ 6.82	17,853	D	
Common Stock	02/28/2012		D		4,145	D	\$ 66.97	13,708	D	
Common Stock	02/28/2012		М		3,334	А	\$ 6.82	17,042	D	
Common Stock	02/28/2012		D		1,239	D	\$ 66.97	15,803	D	
Common Stock	02/29/2012		S		1,427	D	\$ 66.5	14,376	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

			(e.,	g., puts,	calls	s, wa	rrants, oj	ptions, conve	ertible securitie	es)					
1. Title of Derivative Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transac Code	tion	n of Derivative		6. Date Exer Expiration I (Month/Day	rcisable and Date	7. Title and Amount of Underlying Securities		8. Price of Derivative Security (Instr. 5)	Securities Beneficially Owned Following	Ownership Form of Derivative Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Stock Appreciation Rights	\$ 6.82	02/28/2012		М			11,160	<u>(2)</u>	02/27/2022	Common Stock	11,160	\$ 0	0	D	
Stock Appreciation Rights	\$ 6.82	02/28/2012		М			3,334	<u>(3)</u>	02/27/2022	Common Stock	3,334	\$ 0	6,666	D	

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Fernandez Calero Miguel Angel 800 W. OLYMPIC BLVD., SUITE 406 LOS ANGELES, CA 90015			SVP/Managing Director Mexico					

Signatures

Miguel Fernandez Calero by Brett R. Chapman, Attorney-in-Fact

**Signature of Reporting Person

02/29/2012 Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Pursuant to the Issuer's 2005 Stock Incentive Plan and the terms of the related award agreement, shares of the Issuer's common stock are issued to the Reporting Person as his restricted stock (1) units vest, with a portion of the newly issued shares automatically withheld by the Issuer to satisfy the resulting withholding tax obligation. This Statement of Changes of Beneficial Ownership has been filed to reflect that withholding of shares due to a recent vesting of restricted stock units held by the Reporting Person. The withholding of the newly issued shares occurred
- automatically upon the vesting of the restricted stock units, and as such, no investment decision was made by the Reporting Person in connection with this transfer.
- (2) These stock appreciation rights were fully vested as of February 27, 2012.
- (3) Consists of stock appreciation rights granted under the Herbalife Ltd. 2005 Stock Incentive Plan, of which one-third vested February 27, 2012, one-third will vest February 27, 2013 and the remaining one-third will vest February 27, 2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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