## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| (Print or Ty   | pe Response   | s)   |   |   |   |                    |   |        |   |                                  |                                |  |  |   |  |   |                           |                                     |          |
|--|---|--|---|---|---|--------------------|---|--------|---|----------------------------------|--------------------------------|--|--|---|--|---|---------------------------|-------------------------------------|----------|
| Name and Address of Reporting Person*  JOHNSON MICHAEL |   |  |   |   | 2. Issuer Name <b>and</b> Ticker or Trading Symbol HERBALIFE LTD. [HLF] |                    |   |        |   |                                  |                                | X Direct   | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner   |   |  |   |                           |                                     |          |
| (Kirst) (Middle) 800 W. OLYMPIC BOULEVARD, #406        |   |  |   |   | 3. Date of Earliest Transaction (Month/Day/Year) 03/19/2010             |                    |   |        |   |                                  |                                | X_ Officer (give title below) Other (specify below)  Chairman & CEO                            |  |   |  |   |                           |                                     |          |
| (Street) LOS ANGELES, CA 90015                         |   |  |   | 4. If   | 4. If Amendment, Date Original Filed(Month/Day/Year)                    |                    |   |        |   |                                  |                                | _X_ Form fil   | 6. Individual or Joint/Group Filing(Check Applicable Line)  _X_Form filed by One Reporting Person  _Form filed by More than One Reporting Person |   |  |   |                           |                                     |          |
| (City  | )   | (State)                                    | (Zip)                                     |   |   | Ta                 | able I  | - Noi  | ı-De  | erivative                        | Securit                        | ies Ac   | quired, Dispo  | osed of, or I   | Benefici                                       | ally Ow   | ned                       |                                     |          |
| (Instr. 3)   |   | 2. Transaction<br>Date<br>(Month/Day/Year) | Execut<br>any                             | A. Deemed<br>Execution Date, if<br>any<br>Month/Day/Year) |   | Code<br>(Instr. 8) |   | ion    | A. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) |                                  |                                | 5. Amount of Securitie<br>Beneficially Owned For<br>Reported Transaction(s<br>(Instr. 3 and 4) |  |   | Form:<br>Direct                                | Ownership India<br>Form: Bend<br>Direct (D) Own   |                           | eficial<br>ership                   |          |
|  |   |  |   |   |   |                    | Cod   | le     | V   | Amount                           | (A) or<br>(D)                  | Price  |  |   |  | or Indirect (Instr. 4) (I) (Instr. 4)   |                           | )                                   |          |
| Common   | Stock   |  | 03/19/2010                                |   |   |                    | Α   | L)     |   | 958                              | A                              | \$ 0   | 382,901  |   |  | D   |                           |                                     |          |
| Common Stock   |   |  |   |   |   |                    |   |        |   |                                  |                                | 56,561   |  | I   | o<br>th<br>M<br>Jo                             | Senefic<br>wned<br>nrough<br>Iichae<br>ohnson<br>RA   | h<br>el O.                |                                     |          |
| Reminder:  | Report on a s   | separate line                              | for each class of secu<br>Table II -      |   |   |                    |   |        | Per<br>cor<br>the   | rsons wi<br>ntained i<br>form di | no resp<br>in this i<br>splays | form a   | to the collec<br>are not requ<br>rently valid  | uired to res<br>OMB cont  | spond (  | unless  | SEC                       | C 1474                              | (9-02)   |
| 1 Title of   | 2   | 2. Tuomas ati                              | an 2A Daamad                              | ` ' ' '   |   | _                  |   | ts, op | 1   | ns, conver                       |                                |  |  | Q Dring of  | O Niver  | han af  | 10                        | I <sub>1</sub>                      | 1 Mature |
| Security   | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transacti<br>Date<br>(Month/Day         | ion 3A. Deemed Execution D any (Month/Day | ate, if   | Code  | ion                | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) |        | and Expiration Date<br>(Month/Day/Year)                           |                                  | A<br>U<br>S                    | ,  | Derivative<br>Security<br>(Instr. 5)   | 9. Num<br>Derivat<br>Securit<br>Benefic<br>Owned<br>Follow<br>Reporte<br>Transac<br>(Instr. 4 | tive<br>ies<br>cially<br>ing<br>ed<br>ction(s) | 10.<br>Ownershi<br>Form of<br>Derivativ.<br>Security:<br>Direct (D<br>or Indirec<br>(I)<br>(Instr. 4) | rship of B C (I (D) irect | Beneficia<br>Ownershi<br>(Instr. 4) |          |
|  |   |  |   |   | Code  | V                  | (A)   | (D)    | Da<br>Ex  | ate<br>ercisable                 | Expirat<br>Date                | tion T   | Amount or Number of Shares   |   |  |   |                           |                                     |          |

#### **Reporting Owners**

|  | Relationships |              |                |       |  |  |  |
|--|---------------|--------------|----------------|-------|--|--|--|
| Reporting Owner Name / Address   | Director      | 10%<br>Owner | Officer        | Other |  |  |  |
| JOHNSON MICHAEL<br>800 W. OLYMPIC BOULEVARD, #406<br>LOS ANGELES, CA 90015 | X             |              | Chairman & CEO |       |  |  |  |

#### **Signatures**

Michael O. Johnson by Brett R. Chapman, Attorney in Fact

03/22/2010

| Date |
|------|
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|      |

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of dividend equivalents accrued with respect to previous awards of restricted stock units granted under the Herbalife Ltd. 2005 Stock Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.