FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Cuesta Patricio			2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 800 W. OLYMPIC BLVD., SUITE 406				3. Date of Earliest Transaction (Month/Day/Year) 12/14/2009					X Officer (give title below) Other (specify below) SVP/Managing Director SAM			
(Street) LOS ANGELES, CA 90015			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(State)	(Zip)	T	able I - N	on-Der	ivative	Securities A	Acqui	ired, Dispe	osed of, or l	Beneficially (Owned	
Date	2. Transaction Date (Month/Day/Year)	any	Code (Instr.					Beneficial Reported	ally Owned Following Transaction(s)		6. Ownership Form:	Beneficial
		(Month/Day/Year		· V	Amour	(A) or (D)	Price	(Instr. 3 a	nd 4)		or Indirect	
12/	14/2009		A		19 (1)	A !	\$ 0	5,529			D	
	(6		arrants,	ptions	, conver	tible secur	ities)			1		
3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Data	(e.g., puts, calls, warrants, op 4. 5. Number Code of Derivative Securities Acquired (A) or Disposed of (D)			tions, convertible securities) 6. Date Exercisable and Expiration Date (Month/Day/Year) (Month/Day/Year) Sec			ttle and bunt of Derivative Security (Instr. 5) To a nd Security (Instr. 5) Report Transa		Derivative Securities Beneficially Owned Following Reported	Ownershi s Form of Derivativ Security: Direct (D or Indirect	Owners (Instr. 4
			,									
				Date	cisable	Expiration	Title	Amount or Number				
	(First) BLVD., SUITE (Street) A 90015 (State) 2. T Dat (Mo	(Street) A 90015 (State) 2. Transaction Date (Month/Day/Year) 12/14/2009 parate line for each class of securing the securion of the secur	(Middle) 3. Date of Earliest 12/14/2009 (Street) 4. If Amendment, A 90015 (State) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 12/14/2009 Table II - Derivative Securities beneficially of Execution Date, if any (Month/Day/Year) 3. Transaction Date (e.g., puts, calls, was any (Month/Day/Year)) (Month/Day/Year) 3. Date of Earliest 12/14/2009 4. If Amendment, Execution Date, if any (Month/Day/Year) 4. Transaction Code (Instr. 8)	HERBALIFE LTD. [If (First) (Middle) (Street) 3. Date of Earliest Transact 12/14/2009 4. If Amendment, Date Ori A 90015 (State) (Zip) Table I - N 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) A 2. Transaction Date (Month/Day/Year) A Code (Instr. 8) Table II - Derivative Securities Acquired: (e.g., puts, calls, warrants, of Code (Instr. 8) Transaction Date (Month/Day/Year) 3. Transaction Code (Instr. 8) Number of Derivative Securities Acquired: (A) or Disposed (A) or	HERBALIFE LTD. [HLF] (First) (Middle) BLVD., SUITE 406 (Street) 4. If Amendment, Date Original Final Properties (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Instr. 8) Code V 12/14/2009 A Table II - Derivative Securities Acquired, Discontinually (Month/Day/Year) Table II - Derivative Securities Acquired, Discontinually (Month/Day/Year) 3. Transaction Date (e.g., puts, calls, warrants, options and (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D)	HERBALIFE LTD. [HLF] (First)	HERBALIFE LTD. [HLF] (First)	HERBALIFE LTD. [HLF]	HERBALIFE LTD. [HLF] Direct A Office SLVD., SUITE 406 12/14/2009 4. If Amendment, Date Original Filed(Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 6. Individual X Form file Form fi	HERBALIFE LTD. [HLF]	HERBALIFE LTD. [HLF] Check all applications Check all applications Check all applications Code Code	HERBALIFE LTD. [HLF] Check all applicable Director Check all applicable 10% Owner 10% Owner 10% Owner 10% Ownership 10% Owner 10% Ownership 10% Ownershi

	Relationships					
Reporting Owner Name / Address		10% Owner	Officer	Other		
Cuesta Patricio 800 W. OLYMPIC BLVD., SUITE 406 LOS ANGELES, CA 90015			SVP/Managing Director SAM			

Signatures

Patricio Cuesta by Brett R. Chapman, Attorney in Fact	12/16/2009
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Consists of dividend equivalents accrued with respect to previous awards of restricted stock units granted under the Herbalife Ltd. 2005 Stock Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.