UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person* RAHN WILLIAM				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)Director10% Owner						
(Last) (First) (Middle) 800 W. OLYMPIC BOULEVARD, #406				3. Date of Earliest Transaction (Month/Day/Year) 04/02/2009						X_ Office	X Officer (give title below) Other (specify below) SVP / Mg Dir Asia Pacific						
(Street) LOS ANGELES, CA 90015				4. If Amendment, Date Original Filed(Month/Day/Year)						_X_ Form fil	6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqu						 uired, Disp	ired, Disposed of, or Beneficially Owned							
(Instr. 3)		2. Transaction Date (Month/Day/Year)	any	tion Date, if	(Instr. 8)		ction	(A) or Disposed of (Instr. 3, 4 and 5)			D) Beneficially Owned For Reported Transaction(ollowing O (s) F	6. Ownershi Form:	p of l Ber	Beneficial	
				(Month/D	ay/Year)		ode	V	Amoun	(A) or (D)	Pric	Ì	or In		Direct (D) or Indirec (I) (Instr. 4)		vnership str. 4)
Common	Stock		04/02/2009			1	A		50 (1)	A	\$ 13.4	16,029	16,029		D		
Common Stock 04/02/2009]	F		270	D	\$ 16.0	15,759			D				
Reminder:	Report on a s	separate line fo			Securit	ies Ac	equire	Pers cont the f	sons whatained in	no responding this formal splays and the splays and the splays and the splays are splays and the splays are splays and the splays are splays ar	orm a a curi enefici	o the collegre not requirently valid	uired to res OMB con	spond unle	ss	C 147	74 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/	n 3A. Deemed Execution Da	4. tte, if Tran Cod Year) (Ins	nsaction le tr. 8)	5. Numl of Deriv Secur Acqu (A) o Dispo of (D (Instr 4, and	ber vative rities ired or osed) : 3, d 5)	6. D and (Mo	ate Exer Expirationth/Day/	cisable on Date	7. Ai Ui Se (Ii 4)	Title and mount of nderlying ecurities nstr. 3 and Amount or Number of	Derivative Security (Instr. 5)	9. Number Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owner Form of Deriva Securi Direct or Indi	of ative ty: (D) irect	11. Natur of Indirec Beneficia Ownershi (Instr. 4)
				Со	de V	(A)	(D)					Shares					
Renor	rting ()	wners															

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
RAHN WILLIAM 800 W. OLYMPIC BOULEVARD, #406 LOS ANGELES, CA 90015			SVP / Mg Dir Asia Pacific				

Signatures

William Rahn by Richard Strulson, Attorney in Fact	04/02/2009		
Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of dividend equivalents accrued with respect to previous awards of restricted stock units granted under the Herbalife Ltd. 2005 Stock Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.