FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)		1								1					
1. Name and Address of Reporting Person* Henig Yair Steve				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) (First) (Middle) 800 W. OLYMPIC BOULEVARD, #406				3. Date of Earliest Transaction (Month/Day/Year) 04/02/2009							X_Officer (give title below) Other (specify below) Chief Scientific Officer						
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
LOS ANGELES, CA 90015 (City) (State) (Zip)				Table I - Non-Derivative Securities Acou						nired, Disposed of, or Beneficially Owned							
(Instr. 3) Date			2. Transaction Date (Month/Day/Year)		(Instr. 8)		4. Securities Acquired (A) or Disposed of (C) (Instr. 3, 4 and 5)			of (D)	D) Beneficially Owned Following Reported Transaction(s)		Following	Form:	7. Nature of Indirect Beneficial		
				(Month/Day	//Year)	Co	de	V	Amoun	(A) or (D)	Price	(Instr. 3 a	or In (I)		Direct (D) or Indirect (I) (Instr. 4)		nership er. 4)
Common	Stock		04/02/2009			A	1		237 (1	A	\$ 13.4	7 26,034	34		D		
Common Stock 0-		04/02/2009			F	7		425	D	\$ 16.0	8 25,609	,609		D			
Reminder:	Report on a s	separate line fo		Derivative S	Securit	ies Acc	quire	Pers cont the f	ons what ained in the constant of the constant	o responding this formula of the second seco	orm a a curr eneficia	re not requently valid	ction of inf uired to res OMB con	spond unle	ess	C 1474	(9-02)
	ı			(e.g., puts, ca	alls, wa		s, op							1			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		Execution Da h/Day/Year) any	ate, if Transaction Code Year) (Instr. 8)				and Expiration Date (Month/Day/Year) L S			An Un Sec	Title and nount of derlying curities str. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owner Form of Deriva Securit Direct or Indi	ship of Etive (I) (D) rect	Beneficial Ownershij (Instr. 4)
				Code	e V	(A)	(D)	Date Exer		Expiration Date	on Tit	Amount or Number of Shares					
Damar	tina O																

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Henig Yair Steve 800 W. OLYMPIC BOULEVARD, #406 LOS ANGELES, CA 90015			Chief Scientific Officer				

Signatures

Steve Yair Henig by Richard Strulson, Attorney in Fact	04/02/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of dividend equivalents accrued with respect to previous awards of restricted stock units granted under the Herbalife Ltd. 2005 Stock Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.