UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)												
1. Name and Address of Reporting Person* Henig Yair Steve		2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]					:	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 800 W. OLYMPIC BLVD., STE 406		3. Date of Earliest Transaction (Month/Day/Year) 01/06/2009						X Officer (give title below) Other (specify below) Chief Scientific Officer				
(Street) LOS ANGELES, CA 90015		4. If Amendment, Date Original Filed(Month/Day/Year)					-	6. Individual or Joint/Group Filing/Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State)	(Zip)	Ta	ble I - Noi	n-Dei	rivative S	Securities	Acqui	red, Dispo	osed of, or l	Beneficially (Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if	3. Transaction Code (Instr. 8)		tion 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities			6. Ownership Form:	7. Nature of Indirect Beneficial Ownership
		(Wional Bay Tear)	Code	V	Amount	(A) or (D)	Price	(mon. 5 u	,		or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock (1)	01/06/2009		A		1,136	A S	\$ 0	18,902			D	
Common Stock	01/06/2009		F		598		\$ 18.45	18,304			D	
		Derivative Securiti	es Acquir	the t	form dis	splays a of, or Ben	currer eficiall	ntly valid		spond unle trol numbe		
1. Title of Derivative Security (Instr. 3) 2. Date Date (Month/Day Price of Derivative Security	on 3A. Deemed Execution Da any	4. Transaction Code Year) (Instr. 8)	5. 6. Number an		nd Expiration Date Month/Day/Year) S (7. Ti Amo Unde Secu	tle and ount of erlying rities r. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownersl Form of Derivati Security Direct (I or Indire	D) [
		Code V	(A) (D)	Date Exe	~	Expiration Date	n Title	or				
Reporting Owners												

		Relationships							
Reporting Owner Name / Addres	Director	10% Owner	Officer	Other					
Henig Yair Steve 800 W. OLYMPIC BLVD., STE	406		Chief Scientific Officer						
LOS ANGELES, CA 90015			Cinci Scientific Officer						

Signatures

Richard Strulson by Power of Attorney	01/06/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of shares of the issuer's common stock issued in consideration of 1,667 restricted stock units that have vested and 67 dividend equivalent units accrued under the Herbalife Ltd. 2005 Stock Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.