

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
OMB Number:	3235-0104				
Estimated average burden					
nours per respons	se 0.5				

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)									
Name and Address of Reporting Person Henig Yair Steve	Stateme	2. Date of Event Requiring Statement (Month/Day/Year) 05/01/2008		3. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]					
(Last) (First) (Middle) 1800 CENTURY PARK EAST	05/01/			4. Relationship of Reporting Person(s) to Issuer			5. If Amendment, Date Original Filed(Month/Day/Year)		
(Street)				(Check all applicable) Director 10% Owner X_ Officer (give title Other (specify		ify Appli	6. Individual or Joint/Group Filing(Check Applicable Line) X Form filed by One Reporting Person		
LOS ANGELES, CA 90067				below) Chief So	below) Chief Scientific Officer		Form filed by More than One Reporting Person		
(City) (State) (Zip)			Table I -	- Non-Derivat	ive Securities	Beneficial	ly Ow	vned	
1.Title of Security (Instr. 4)		Beneficially Owned (Instr. 4) Form (D) (I)		Form: Direct (D) or Indirect	4. Nature of Indirect Beneficial Ownership (Instr. 5)				
Common Stock (1)		17,	732		D				
1. Title of Derivative Security 2. 1 (Instr. 4) Ex		lays a currently valid OMB con		ol number. , puts, calls, warn Amount of inderlying		5. Owners Form of Derivative Security:	e securities) vnership of vative rity:		
	Date Exercisable	Expiration Date	Title	Amount or Number of Shar	Security	Direct (D) Indirect (I (Instr. 5)			
Non-Qualified Option (Right to Buy)	<u>(2)</u>	07/18/2015	Common Stock	45,000	\$ 23.4	D			
Stock Appreciation Rights	<u>(3)</u>	03/23/2016	Common Stock	31,500	\$ 32.79	D			
Stock Appreciation Rights	<u>(4)</u>	05/29/2017	Common Stock	26,083	\$ 40.25	D			
Stock Appreciation Rights	<u>(5)</u>	02/28/2018	Common Stock	20,906	\$ 43.13	D			
Stock Appreciation Rights	<u>(6)</u>	11/30/2016	Common Stock	5,000	\$ 38.96	D			

Reporting Owners

	Relationships			
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
Henig Yair Steve 1800 CENTURY PARK EAST LOS ANGELES, CA 90067			Chief Scientific Officer	

Signatures

Vicki Tuchman by Power of Attorney	05/12/2008
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of grants of restricted stock units awarded under the Herbalife Ltd. 2005 Stock Incentive Plan, dividend equivalents accrued with respect to previous awards of restricted stock units granted under the Herbalife Ltd. 2005 Stock Incentive Plan, and personally owned shares.
- (2) Stock Appreciation Right vests in 5% quarterly increments commencing on September 30, 2005, and thereafter on the last day of each subsequent calendar quarter until the options become fully vested.
- (3) Stock Appreciation Right vests in 5% quarterly increments commencing on March 31, 2006, and thereafter on the last day of each subsequent calendar quarter until the options become fully vested.
- (4) Stock Appreciation Right vests in 20% increments commencing on May 29, 2008 and on May 29, 2009 with the remaining 60% increment vesting on May 29, 2010.
- (5) Stock Appreciation Right vests in 20% increments commencing on February 28, 2009 and on February 28, 2010 with the remaining 60% increment vesting on February 28, 2011.
- (6) Stock Appreciation Right vests in 5% quarterly increments commencing on December 31, 2006, and thereafter on the last day of each subsequent calendar quarter until the options become fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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Yair Steve Henig
LIMITED POWER OF ATTORNEY FOR
SECTION 16 REPORTING OBLIGATIONS
Know all by these presents, that the undersigned
hereby makes, constitutes and
appoints each of Vicki Tuchman and Richard Strulson,
or either of them acting singly, as
the undersigneds true and lawful attorney-in-fact,
with full power and authority as
hereinafter described on behalf of and in the name,
place and stead of the undersigned to:
(1) prepare, execute, acknowledge, deliver and
file the Form ID to be
filed with the United States Securities and Exchange
Commission (the SEC),
including amendments thereto, and any other
documents necessary or appropriate
to obtain a (i) Central Index Key Code,
(ii) CIK Confirmation Code, (iii)
Password, (iv) Password Modification Code or
(v) any other codes, passwords
and passphrases as are required or appropriate
to permit the undersigned to make
electronic filings with the SEC;
(2) prepare, execute, acknowledge, deliver
and file Forms 3 4 and 5
(including any amendments thereto) with respect
to the securities of Herbalife
Ltd., a Cayman Islands company (the Company),
required to be filed with or
submitted to the SEC, any national securities
exchange or similar authority and
the Company pursuant to Section 16(a) of the
Securities Exchange Act of 1934
and the rules and regulations promulgated thereunder,
as amended from time to time (the Exchange Act);
(3) seek or obtain, as the undersigned's
representative and on the
undersigned's behalf, information on transactions
in the Company's securities
from any third party, including brokers and
employee benefit plan administrators
and trustees, and the undersigned hereby
authorizes and approves any such release
of information; and
(4) perform any and all other acts which in the
discretion of such
attorney-in-fact are necessary or desirable for
and on behalf of the undersigned in
connection with the foregoing.
The undersigned acknowledges that:
(1) this Limited Power of Attorney authorizes,
but does not require, such attorney-in-
fact to act in his or her discretion on information
provided to such attorney-in-fact
without independent verification of such information;
(2) any documents prepared and/or executed by
either such attorney-in-fact on behalf
of the undersigned pursuant to this Limited
Power of Attorney will be in such form and
will contain such information and disclosure as
such attorney-in-fact, in his or her
discretion, deems necessary or desirable;
(3) neither the Company nor either such
attorney-in-fact assumes (i) any
liability for the undersigned's responsibility
to comply with the requirements of the
Exchange Act, (ii) any liability of the undersigned
for any failure to comply with such
requirements or (iii) any obligation or liability
of the undersigned for profit disgorgement
under Section 16(b) of the Exchange Act; and
(4) this Limited Power of Attorney does not
relieve the undersigned from
responsibility for compliance with the
undersigneds obligations under the Exchange Act,
including without limitation the reporting
requirements under Section 16 of the Exchange Act.
The undersigned hereby gives and grants each
of the foregoing attorneys-in-fact
full power and authority to do and perform
all and every act and thing whatsoever
requisite, necessary or appropriate to be done
in and about the foregoing matters as fully
to all intents and purposes as the undersigned
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might or could do if present, hereby ratifying all that each such attorney-in-fact of, for and on behalf of the undersigned, shall lawfully do or cause to be done by virtue of this Limited Power of Attorney. This Limited Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect to the undersigneds holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to each such attorney-in-fact. IN WITNESS WHEREOF, the undersigned has caused this Limited Power of Attorney to be executed as of this 7th day of May 2008.

/s/ Yair Steve Henig Yair Steve Henig