FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Instruction	I(b).				111	vesu	mem	Com	рап	y Ac	ι 01 13	74 0										
(Print or Type Re	esponses)																					
Name and Address of Reporting Person * Mendizabal Mora Adriana Gabriela						2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title below) Other (specify below) SVP - Mexico & Central America							
(Last) (First) (Middle) 1800 CENTURY PARK EAST					3. Date of Earliest Transaction (Month/Day/Year) 02/28/2008																	
(Street)						4. If Amendment, Date Original Filed(Month/Day/Year)										6. Individual or Joint/Group Filing(Check Applicable Line)X_Form filed by One Reporting PersonForm filed by More than One Reporting Person						
LOS ANGEL				(Tr.)														porting reison				
(City)		(State)	((Zip)				Table	e I -	Non-l	Derivat	ive Secu	ırities	Acqui	ired, D	isposed of	f, or Benefi	cially Owned	l			
1.Title of Security (Instr. 3)		Dat	ransaction e onth/Day/Yea	, ,	ion D	ate, if	(Instr. 8)		(A) or I		or Dispos	urities Acquired Disposed of (D) 3, 4 and 5)		Owned Followin Transaction(s)				Form:	7. Nature of Indirect Beneficial			
					(Month	/Day	y Y ear)	Code		V Am			nt (A) or (D)		(Instr. 3 and		,		Direct (D) or Indirect (I) (Instr. 4)			
Common Stock				/28/2008				A			5,02			\$ 0	13,78	2			D			
					'													•				
Reminder: Repo	rt on a separa	ate line for each	class o	f securities be	eneficially	own	ed dire	ctly or	r ind	Pers	ons w		ot req	uired	to res	pond un		n contained orm display		1474 (9-02)		
				Table II	- Derivat					ed, D	isposed	of, or B	Benefic	cially (ber.						
1. Title of	2.	3. Transaction	3.	A. Deemed	(e.g., pu	ts, ca		rrant lumbe				rtible se cisable a		1	tle and	Amount	8 Price of	9. Number o	f 10.	11. Natu		
1. Title of Derivative Security (Instr. 3)	Conversion		ear) E	xecution Date	e, if Trans Code	r) (Instr. 8) According for I of (Derivative curities quired (A) Disposed (D) str. 3, 4,		Expir		ate	e o ear) S		nderlyir rities r. 3 and	ng		Derivative Securities Beneficially Owned Following Reported Transaction(s	Owners: Form of Derivati Security Direct (or Indire	of Indire Benefic Owners (Instr. 4		
					Cod	e V			(D)	Date Exerc	eisable	Expirati Date	ion	Title		Amount or Number of Shares		(Instr. 4)	(Instr. 4	,		
Stock Appreciation Rights (2)	\$ 43.13	02/28/200	08		A		14,	000			(3)	02/28/	2018		nmon ock	14,000	\$ 0	14,000	D			
Reportin	g Own	iers																				
						Rela	tionsh	ins														
Reporting Owner Name / Address Director Owner			tor 10% Owner	Relationships Officer							Oth	er										
Mendizabal Mora Adriana Gabriela 1800 CENTURY PARK EAST LOS ANGELES, CA 90067				SVP - Mexico & Central America																		

Signatures

Vicki Tuchman by Power of Attorney	03/03/2008
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of grant of restricted stock units under the Herbalife Ltd. 2005 Stock Incentive Plan. Each restricted stock unit represents a contingent right to receive one share of Common Stock and vests with respect to 1/3 of the stock awarded on March 28, 2009, February 28, 2010 and February 28, 2011.
- (2) Stock Appreciation Rights granted pursuant to the Herbalife Ltd. 2005 Stock Incentive Plan.
- (3) Stock Appreciation Rights vest in 20% increments on February 28, 2009 and on February 28, 2010 with the remaining 60% increment vesting on February 28, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.