UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * ico Valeria		2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]				5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)X_ Director10% Owner				
(Midel 1800 CENTURY PARK EAST	J. D	3. Date of Earliest Transaction (Month/Day/Year) 01/15/2008		-	Officer	r (give title belo	ow)(Other (specify be	elow)		
(Street) LOS ANGELES, CA 90067	ii ii i iii ii ii ii ii ii ii ii ii ii			e Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Z	Zip)	Ta	ble I - Non	-Derivative	Securities A	Acquir	red, Dispo	sed of, or I	Beneficially (Owned	
1.Title of Security (Instr. 3) 2. Transa Date (Month/I	/Day/Year) Exec	•	Date, if Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Beneficially Owned Following Reported Transaction(s)		Ownership of Form:	Beneficial
	(Mo	onth/Day/Year)	Code	V Amou	(A) or (D)	Price	(mstr. 3 ai	str. 3 and 4)			Ownership (Instr. 4)
Common Stock (1) 01/15/2	2008		A	2,540) A	80 8	8,190			D	
Reminder: Report on a separate line for each class	ass of securities l	beneficially ow	I	Persons w contained	ho respon in this forr	n are	not requ	ired to res	spond unles	ss	474 (9-02)
Reminder: Report on a separate line for each class	Table II - Deriv	vative Securiti	es Acquire	Persons w contained the form di	ho respon in this forr splays a c	n are urren ficially	not requ tly valid	ired to res		ss	474 (9-02)
Reminder: Report on a separate line for each class 1. Title of Derivative Conversion Date Execurity or Exercise (Month/Day/Year)	Table II - Deriv (e.g.,)	vative Securities puts, calls, wa 4. 5. Transaction 1 Code () (Instr. 8) 1	es Acquire rrants, opt 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Persons w contained the form di	ho respon in this forr isplays a c of, or Bene rtible secur rcisable ion Date r/Year)	n are urren ficially ities) 7. Tit Amou Unde Secur (Instr 4)	not requitly valid y Owned cle and unt of orlying	OMB cont	spond unles	f 10. Ownersh Form of Derivativ Security: Direct (I or Indire	ip of India Benefic Owners (Instr. 4

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Rico Valeria 1800 CENTURY PARK EAST LOS ANGELES, CA 90067	X					

Signatures

Vicki Tuchman by Power of Attorney	01/17/2008
**Signature of Reporting Person	Date

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Consists of grant of restricted stock units under the Herbalife Ltd. 2005 Stock Incentive Plan. Each restricted stock unit represents a contingent right to receive one share of Common Stock and vests with respect to 25% of the stocks units awarded on each of April 15, 2008, July 15, 2008, October 15, 2008 and January 15, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.