## FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

	Name and Address of Reporting Personal ROBERT GREGORY  (Last) (First)		Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]      Date of Earliest Transaction (Month/Day/Year)	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X Officer (give title below) Other (specify below)  President & COO		
18	000 CENTURY PARK EAST		12/03/2007			
LO	OS ANGELES, CA 90067		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person		
	(City) (State)	(Zip)	Table I - Non-Derivative Securities Acqu	ired, Disposed of, or Beneficially Owned		

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Ownership Form:	7. Nature of Indirect Beneficial Ownership
		(World Buy Tour)	Code	V	Amount	(A) or (D)	Price	(msu. 5 and 1)	or Indirect (I) (Instr. 4)	
Common Stock	12/03/2007		M		4,000	A	\$ 9	51,060	D	
Common Stock	12/03/2007		M		4,000	A	\$ 13	55,060	D	
Common Stock	12/03/2007		M		44,000	A	\$ 14	99,060	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		19,900	D	\$ 41.66	79,160	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		100	D	\$ 41.64	79,060	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		600	D	\$ 41.62	78,460	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		300	D	\$ 41.59	78,160	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		200	D	\$ 41.55	77,960	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		200	D	\$ 41.54	77,760	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		200	D	\$ 41.53	77,560	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		100	D	\$ 41.51	77,460	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		400	D	\$ 41.5	77,060	D	
Common Stock	12/03/2007		S(1)		5,000	D	\$ 41.42	72,060	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		100	D	\$ 41.4	71,960	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		500	D	\$ 41.38	71,460	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		10,300	D	\$ 41.37	61,160	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		200	D	\$ 41.36	60,960	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		300	D	\$ 41.33	60,660	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		8,600	D	\$ 41.3	52,060	D	
Common Stock	12/03/2007		S <sup>(1)</sup>		5,000	D	\$ 41.2	47,060	D	
Common Stock	12/04/2007		M		75,000	A	\$ 17	122,060	D	
Common Stock	12/04/2007		M		26,000	A	\$ 17	148,060	D	
Common Stock	12/04/2007		S <sup>(1)</sup>		200	D	\$ 42.12	147,860	D	
Common Stock	12/04/2007		S <sup>(1)</sup>		39,800	D	\$ 42.11	108,060	D	
Common Stock	12/04/2007		S <sup>(1)</sup>		61,000	D	\$ 42	47,060	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or i	ndirectly.		
Persons who res		spond to the collection of information contained	SEC 1474 (9-02)
	not required to respond unless the form		
	displays a curre	ntly valid OMB control number.	

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code		5. Number of Deriva Securitie Acquired or Dispos of (D) (Instr. 3, and 5)	ative s l (A) sed	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Beneficially Owned Following Reported Transaction(s)	Derivative Security: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date		Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Non- Qualified stock option (right to buy)	\$9	12/03/2007		М		4,000		<u>(2)</u>	09/01/2014	Common Stock	4,000	\$ 0	0	D	
Non- Qualified stock option (right to buy)	\$ 13	12/03/2007		М		4,000		(2)	09/01/2014	Common Stock	4,000	\$ 0	0	D	
Non- Qualified stock option (right to buy)	\$ 14	12/03/2007		М		22,000		(3)	09/01/2014	Common Stock	22,000	\$ 0	14,000	D	
Non- Qualified stock option (right to buy)	\$ 14	12/04/2007		M		22,000		(3)	09/01/2014	Common Stock	22,000	\$ 0	14,000	D	
Non- Qualified stock option (right to buy)	\$ 17	12/04/2007		М		75,000		(4)	07/31/2013	Common Stock	75,000	\$ 0	0	D	
Non- Qualified stock option (right to buy)	\$ 17	12/04/2007		М		26,000		(3)	09/01/2014	Common Stock	26,000	\$ 0	14,000	D	

## **Reporting Owners**

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
PROBERT GREGORY									
1800 CENTURY PARK EAST			President & COO						
LOS ANGELES, CA 90067									

### **Signatures**

Vicki Tuchman by Power of Attorney	12/05/2007
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- $\star$  If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 23, 2007.
- (2) Options fully vested 12/31/2004.
- (3) Option vests in 5% quarterly increments commencing on September 30, 2004 and each quarter thereafter until fully vested.
- (4) Options fully vested 07/31/2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.