FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person – JOHNSON MICHAEL (Last) (First) (Middle) 1800 CENTURY PARK EAST				ng Symbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_ Director 10% Owner X_ Officer (give title below) Other (specify below) CEO				
			Mont	h/Day/Year	r)					
(Street) LOS ANGELES, CA 90067		ate Original	Filed	(Month/Day/Y	'ear)	_X_ Form filed by One Reporting Person	••	2)		
(Zip)		Table I - I	Non-I	Derivative S	Securiti	es Acqui	red, Disposed of, or Beneficially Own	ed		
2. Transaction Date (Month/Day/Year)				or Dispose	ed of (D		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form:	7. Nature of Indirect Beneficial Ownership	
		Code	V	Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)	
11/01/2007		M		150,000	A	\$ 3.52	231,049	D		
11/01/2007		S ⁽¹⁾		600	D	\$ 44.19	230,449	D		
11/01/2007		S ⁽¹⁾		100	D	\$ 44.18	230,349	D		
11/01/2007		S ⁽¹⁾		500	D	\$ 44.12	229,849	D		
11/01/2007		S ⁽¹⁾		500	D	\$ 44.1	229,349	D		
11/01/2007		S ⁽¹⁾		200	D	\$ 44.09	229,149	D		
11/01/2007		S ⁽¹⁾		300	D	\$ 44.08	228,849	D		
11/01/2007		S ⁽¹⁾		3,200	D	\$ 44	225,649	D		
11/01/2007		S ⁽¹⁾		100	D	\$ 43.96	225,549	D		
11/01/2007		S ⁽¹⁾		300	D	\$ 43.95	225,249	D		
11/01/2007		S ⁽¹⁾		100	D	\$ 43.94	225,149	D		
11/01/2007		S ⁽¹⁾		100	D	\$ 43.92	225,049	D		
11/01/2007		S ⁽¹⁾		200	D	\$ 43.91	224,849	D		
11/01/2007		S ⁽¹⁾		5,900	D	\$ 43.9	218,949	D		
11/01/2007		S ⁽¹⁾		200	D	\$ 43.89	218,749	D		
11/01/2007		S ⁽¹⁾		200	D	\$ 43.88	218,549	D		
11/01/2007		S ⁽¹⁾		800	D	\$ 43.87	217,749	D		
11/01/2007		S ⁽¹⁾		100	D	\$ 43.86	217,649	D		
11/01/2007		S ⁽¹⁾		100	D			D		
11/01/2007		S ⁽¹⁾		700	D			D		
11/01/2007		S ⁽¹⁾		4,200	D	\$		D		
	(Middle) (Zip) 2. Transaction Date (Month/Day/Year) 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007 11/01/2007	HERBALIFE LT 11/01/2007 4. If Amendment, Date (Zip) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 11/01/2007 11/01	HERBALIFE LTD. [HLF (Middle) 3. Date of Earliest Transaction (11/01/2007) 4. If Amendment, Date Original Execution Date (Month/Day/Year) 2A. Deemed Execution Date, if (Month/Day/Year) Code (Instr. 8)	HERBALIFE LTD. [HLF] Middle	Middle 3. Date of Earliest Transaction (Month/Day/Year 11/01/2007 4. If Amendment, Date Original Filed(Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 4. Security or Date (Month/Day/Year) 5. A. Deemed Execution Date, if (Month/Day/Year) 6. Security or Dispose (Instr. 3, 4) 6. Security or Disp	HERBALIFE LTD. [HLF] 3. Date of Earliest Transaction (Month/Day/Year) 11/01/2007 4. If Amendment, Date Original Filed(Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction (Month/Day/Year) 2. Tran	HERBALIFE LTD. HLF	HERBALIFE LTD. [HLF]	HERBALIFE LTD. [HLF]	

Common Stock	11/01/2007	S ⁽¹⁾	100	D	\$ 43.76	212,549	D	
Common Stock	11/01/2007	S ⁽¹⁾	2,200	D	\$ 43.75	210,349	D	
Common Stock	11/01/2007	S ⁽¹⁾	300	D	\$ 43.74	210,049	D	
Common Stock	11/01/2007	S ⁽¹⁾	100	D	\$ 43.73	209,949	D	
Common Stock	11/01/2007	S ⁽¹⁾	100	D	\$ 43.72	209,849	D	
Common Stock	11/01/2007	S ⁽¹⁾	100	D	\$ 43.71	209,749	D	
Common Stock	11/01/2007	S ⁽¹⁾	2,100	D	\$ 43.7	207,649	D	
Common Stock	11/01/2007	S ⁽¹⁾	200	D	\$ 43.67	207,449	D	
Common Stock	11/01/2007	S ⁽¹⁾	400	D	\$ 43.65	207,049	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	Conversion		3A. Deemed Execution Date, if any (Month/Day/Year)	Code		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s)	Derivative Security: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Non- Qualified stock option (right to buy)	\$ 3.52	11/01/2007		М		150,000		(2)	04/03/2013	Common Stock	150,000	\$ 0	291,185	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
JOHNSON MICHAEL 1800 CENTURY PARK EAST LOS ANGELES, CA 90067	X		CEO				

Signatures

Vicki Tuchman by Power of Attorney	11/05/2007
-*Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 17, 2007.
- (2) Option vests 20% on April 3, 2004 and thereafter 5% quarterly increments commencing on September 30, 2004 and on the last day of each subsequent calendar quarter thereafter until fully vested.

Remarks:

Form 1 of 4

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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