(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person [*] Bini Eneida | 2. Issuer Name and HERBALIFE LT | | | g Symbol | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner | | | | | |
|---|--|--|--------------------------------------|----------|---|--|---|--|--|-------------------------|--|
| (Last) (First) 1800 CENTURY PARK EAST | | 3. Date of Earliest Tr 07/12/2007 | ansaction (N | Aonth | /Day/Yea | r) | X_Officer (give title below) Other (specify below) Senior Vice President, Brazil | | | | |
| (Street) LOS ANGELES, CA 90067 | | 4. If Amendment, Da | te Original 1 | Filed | Month/Day/ | Year) | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) (State) | (Zip) | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | |
| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | | Owned Following Reported Transaction(s) | 6. Ownership Form: | Beneficial | |
| | | (Month/Day/Year) | Code | v | Amount | (A) or (D) | Price | | Direct (D) or Indirect (I) (Instr. 4) | Ownership (Instr. 4) | |
| Common Stock | 07/12/2007 | | М | | 2,500 | А | \$ 8.02 | 4,112 | D | | |
| Common Stock | 07/12/2007 | | S <mark>(1)</mark> | | 2,675 | D | \$ 41.3 | 1,437 | D | | |
| Common Stock | 07/13/2007 | | М | | 2,500 | А | \$ 8.02 | 3,937 | D | | |
| Common Stock | 07/13/2007 | | S <mark>(1)</mark> | | 2,500 | D | \$ 42.2 | 1,437 | D | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

| (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | |
|--|------------------------|------------------|--------------------|------------|---|--------------------|------------|-----------------|------------------|---------------|--------------|-------------------------|--------------|-----------|------------|
| 1. Title of | | 3. Transaction | 3A. Deemed | 4. | | 5. N | umber | 6. Date Exer | cisable and | 7. Title and | Amount | 8. Price of | 9. Number of | 10. | 11. Nature |
| | Conversion | | Execution Date, if | | | | | Expiration Date | | of Underlying | | Derivative Security | | Ownership | |
| | | (Month/Day/Year) | | Code | | | | (Month/Day | Month/Day/Year) | | | | | | Beneficial |
| (Instr. 3) | Price of | | (Month/Day/Year) | (Instr. 8) |) | | Securities | | (Instr. 3 and 4) | | | | Derivative | | |
| | Derivative Security | | | | | Acquired (A) or | | | | | | Security: Direct (D) | (Instr. 4) | | |
| | Security | | | | | | Disposed | | | | | 0 | or Indirect | | |
| | | | | | | | of (D) | | | | | Transaction(s) | | | |
| | | | | | | (Instr. 3, 4, | | | | | | (Instr. 4) | (Instr. 4) | | |
| | | | | | | and 5) | | | | | | | | | |
| | | | | | | | | | | | Amount | | | | |
| | | | | | | | | Date | Expiration | | or | | | | |
| | | | | | | | | Exercisable | | Title | Number of | | | | |
| | | | | Code | v | (A) | (D) | | | | Shares | | | | |
| 1:0 1 | | | | cout | | () | (2) | | | | Silares | | | | |
| nonqualified | | | | | | | | | | a | | | | | |
| stock option | \$ 8.02 | 07/12/2007 | | М | | | 2,500 | <u>(2)</u> | 06/07/2014 | Common | 2,500 | \$ 0 | 22,500 | D | |
| (right to | + | | | | | | _, | | | Stock | _, | ÷ • | , | _ | |
| buy) | | | | | | | | | | | | | | | |
| nonqualified | | | | | | | | | | | | | | | |
| stock option | | | | | | | | | | Common | | | | | |
| (right to | \$ 8.02 | 07/13/2007 | | М | | | 2,500 | <u>(2)</u> | 06/07/2014 | Stock | 2,500 | \$ 0 | 20,000 | D | |
| | | | | | | | | | | SIUCK | | | | | |
| buy) | | | | | | | | | | | | | | | |

Reporting Owners

| | | | Relationships Officer Senior Vice President, Brazil | |
|--|----------|--------------|---|-------|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other |
| Bini Eneida 1800 CENTURY PARK EAST LOS ANGELES, CA 90067 | | | Senior Vice President, Brazil | |

Signatures

| Vicki Tuchman by Power of Attorney | |
|------------------------------------|--|
| | |

**Signature of Reporting Person

07/13/2007 Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 22, $\frac{2007}{2007}$.

(2) Option vests in 5% quarterly increments commencing on June 30, 2004 and each quarter thereafter until fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.