FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROV	/AL					
OMB Number:	3235-0287					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	e Responses)														
1. Name and Address of Reporting Person *- Walsh Des				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]						5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 1800 CENTURY PARK EAST				3. Date of Earliest Transaction (Month/Day/Year) 07/13/2007							X_Officer (give title below) Other (specify below) SVP, Distributor Sales					
(Street) LOS ANGELES, CA 90067				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Zip)					Table I - Non-Derivative Securities Acqui						s Acquii	ired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Executi any	xecution Date, if	(Instr. 8	(4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		ed	Ownership Form:	7. Nature of Indirect Beneficial Ownership	
				(Month/Day/Ye		// i eai)	Code	V	Amount	(A) or (D)	Price	(msu. 3 and 4)			or Indirect (I) (Instr. 4)	
Common Stock 07/13			07/13/2007				M		10,000	A	\$ 8.02	26,593			D	
Common Stock 07/13		07/13/2007				S ⁽¹⁾		22,000	D	\$ 42	4,593			D		
		-			iy Ov	viicu ui	recuy or	indirectly								
			Table II -	Derivati	ive S	ecuriti	ies Acqui	Persor in this display	ns who iform ar	re not re rently v	equired valid Of ficially (e collection of to respond MB control n	unless the		ned SEC	1474 (9-02)
	I.			Derivati (e.g., put	ive S	ecuriti	es Acqui	Persor in this display red, Disp ptions, co	ns who in form are year a cur osed of, on the one of th	re not re rently v or Bene le securi	equired valid Of ficially (ities)	I to respond MB control n Owned	unless the umber.	form		, ,
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	Derivati (e.g., put 4. Transac Code	ive S	ecuriti alls, wa 5. Nui of Der Securi	mber (mittes) (mittes	Persor in this display	form ar ys a cur osed of, onvertible tercisable	re not re rently v or Bene le securi	ficially (ities) 7. Title of Undo Securiti	I to respond MB control n Owned and Amount erlying	unless the umber. 8. Price of	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction	of 10. Owners Form of Derivat Securit Direct (or India (s) (I)	11. Natur of Indire Beneficiative Ownersh (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, if any	Derivati (e.g., put 4. Transac Code	ive S catton	5. Nur of Der Securi Acqui or Dis of (D) (Instr.	mber (rivative I (titles (to A) (titles (titles (to A) (titles (to A) (titles (titles (to A) (titles (tit	Person in this display red, Disp ptions, co	ns who is form are seen as a cur- osed of, onvertible erecisable is Date and particularly a	re not recreately vertically vert	ficially (ities) 7. Title of Undo Securiti	I to respond MB control n Owned and Amount erlying ies	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	of 10. Owners Form o Derivat Securit Direct (or Indir	11. Natur of Indire Beneficiative Ownersh (Instr. 4)

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Walsh Des 1800 CENTURY PARK EAST LOS ANGELES, CA 90067			SVP, Distributor Sales				

Signatures

Vicki Tuchman by Power of Attorney	07/13/2007
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 10, 2007.

(2) Option vests 5% on April 3, 2004 and thereafter 5% quarterly increments commencing on June 30, 2004 and on the last day of each subsequent calendar quarter thereafter until fully vested.

 $Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, {\it see} \ Instruction 6 for procedure. \\$

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.