FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OIVIB APPROVAL							
OMB Number:	3235-028						
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	RY PARK					2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
LOS ANGELES		(Last) (First) (Middle) 1800 CENTURY PARK EAST				3. Date of Earliest Transaction (Month/Day/Year) 05/29/2007							X_Officer (give title below) Other (specify below) Chief Strategic Officer					
	(Street) LOS ANGELES, CA 90067										6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _ Form filed by More than One Reporting Person							
(City)		(State)	(Zip)				Table	e I - N	on-De	rivative	Securities	Acquir	red, D	isposed of	f, or Benefi	cially Owned		
(Instr. 3)			2. Transaction Date (Month/Day/Year	2A. Deemed Execution Data any (Month/Day/Y		ate, if	(Instr. 8)		(A)		Securities Acquired) or Disposed of (D) str. 3, 4 and 5)		Owned Followin Transaction(s)		ecurities Beneficially ng Reported		Ownership	Beneficial
				(WIOIIII	u/Day/	, i car)		ode	v	Amount	(A) or (D)	Price	or Inc (I)		Indirect (
Common Stock 05/29/2007		05/29/2007				A		4,398		A	\$ 0 2	27,773		Б	,			
1. Title of 2.	,	3. Transaction	Table II -			lls, wa		s, opt	ions, c		le securitie	es)		Amount	9 Price of	9. Number of	10.	11. Nat
Reminder: Report o			Table II -	- Derivat	tive So	ecuriti lls, wa	es Acc	quirees, opt	Persor n this a curre d, Disp ions, co	form arently va	re not req lid OMB o or Benefic le securitie	uired to control cially O	to res I num	pond un ber.	less the fe	orm displays		474 (9-02)
Security (Instr. 3) Or Pr		Exercise (Month/Day/Year) any ideo of crivative		ar) (Instr. 8) Acor or of (In		Sec Acc or I of (of Derivative Securities Acquired (A) or Disposed of (D) Instr. 3, 4, and 5)		Expiration Date (Month/Day/Year)		Securi	derlying ities . 3 and 4)		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Form of Derivativ Security: Direct (D or Indirect	(Instr. 4)	
				Code	le V	7 (4	A) (Date Exercisa	Exp Dat	piration te	Title		Amount or Number of Shares		(msu. 4)	(msu. 4)	
Stock Appreciation Rights (2)	\$ 40.25	05/29/2007		A		26,	083		(3)	05/	/29/2017	Com	mon	26,083	\$ 0	26,083	D	

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
NOACK PAUL 1800 CENTURY PARK EAST LOS ANGELES, CA 90067			Chief Strategic Officer					

Signatures

Vicki Tuchman by Power of Attorney	05/31/2007
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of grant of restricted stock units under the Herbalife Ltd. 2005 Stock Incentive Plan. Each restricted stock unit represents a contingent right to receive one share of Common Stock and vests with respect to 1/3 of the stock units awarded on June 29, 2008, May 29, 2009 and May 29, 2010.
- (2) Stock Appreciation Rights granted pursuant to the Herbalife Ltd. 2005 Stock Incentive Plan.
- (3) Stock Appreciation Rights vest in 20% increments on May 29, 2008 and on May 29, 2009 with the remaining 60% increment vesting on May 29, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.