UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO\	/AL
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longer subject to Section 16. Form 4 or Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Re	esponses)															
1. Name and Address of Reporting Person *- PROBERT GREGORY				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
1800 CENTU	JRY PARI	(First) K EAST		3. Date of Earliest Transaction (Month/Day/Year) 05/29/2007								X_ Officer (give title below) Other (specify below) President & COO				
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
LOS ANGEL	LES, CA 9															
(City)		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)			(Instr. 8)		(A)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		(D) O	D) Owned Following Transaction(s)) I	Ownership Form:	7. Nature of Indirect Beneficial	
				(Month/Day/Year)			de	VA	mount	(A) or (D)	(In	nstr. 3 and 4)				Ownership (Instr. 4)
Common Sto	ck		05/29/2007			A	λ.	15	,000	. ,		7,025		I	,	
			Table II	- Derivativ			c	currently d, Dispos	valid	OMB co	ontrol nu		ss the form	i dispiays a		
1. Title of Derivative Security (Instr. 3)		e of ivative Date (Month/Day/Year) Execution (Month/Day/Year)		4. 5. No Code Securary (Instr. 8) Acquired or D (D)		umber of 6. Examines (Mustive arrities (Mustive description of bisposed of tr. 3, 4, 5)		ions, convertible securiti Date Exercisable and Expiration Date Month/Day/Year)		1	es Security (Instr. 5) Amount		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form of Derivative Security: Direct (D) or Indirect	(Instr. 4)	
				Code	V	(A)		Date Exercisabl	1	ration	Title	or Number of Share	3			
Stock Appreciation Rights (2)	\$ 40.25	05/29/2007		A	10:	5,000		(3)	05/2	29/2017	Comm	1105.00	\$ 0	105,000	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
PROBERT GREGORY							
1800 CENTURY PARK EAST			President & COO				
LOS ANGELES, CA 90067							

Signatures

Vicki Tuchman by Power of Attorney	05/31/2007
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of grant of restricted stock units under the Herbalife Ltd. 2005 Stock Incentive Plan. Each restricted stock unit represents a contingent right to receive one share of Common Stock and vests with respect to 1/3 of the stock units awarded on time 20, 2009. May 20, 2009 at 117, 20, 2009 vests with respect to 1/3 of the stock units awarded on June 29, 2008, May 29, 2009 and May 29, 2010.
- (2) Stock Appreciation Rights granted pursuant to the Herbalife Ltd. 2005 Stock Incentive Plan.
- (3) Stock Appreciation Rights vest in 20% increments on May 29, 2008 and on May 29, 2009 with the remaining 60% increment vesting on May 29, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.	