

(Print or Type Responses)

1. Name and Address of Reporting Person*

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL				
OMB Number:	3235-0104			
Estimated average burden				
nours per respons	se 0.5			

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

3. Issuer Name and Ticker or Trading Symbol

2. Date of Event Requiring

Zimmer Thomas		Statement (Month/Day/Ye		HERBALIFE LTD. [HLF]				
(Last) (First) (Middle) 1800 CENTURY PARK EAST	08/02/	08/02/2006		Issuer	Reporting Person	* *	mendment, Date Original Ionth/Day/Year)	
(Street) LOS ANGELES, CA 90067			DirectorX Officer (give title below)		all applicable) 10% Owne le Other (specbelow) North America	eify Applicab _X_Form	6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person	
(City) (State) (Zip)		Table I - Non-Derivative Securities Beneficially Owned					Owned	
1.Title of Security (Instr. 4)		2. Amount of Securit Beneficially Owned (Instr. 4)		urities ed	3. Ownership	4. Nature of Indirect Beneficial Ownership (Instr. 5)		
Common Stock (1)		1,8	75		D			
Reminder: Report on a separate line for each class and persons who responds the form described and the separate line for each class and persons who responds the form described and the separate line for each class and persons who responds to the separate line for each class and the separate line for each cl	oond to the isplays a c	collection of urrently valid	information OMB contro	n contained in to ol number.				
Title of Derivative Security (Instr. 4)	2. Date Exer Expiration I (Month/Day/Ye	Date	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative	Form of Derivative Security:	Ownership (Instr. 5)	
	Date Exercisable	Expiration Date	Title	Amount or Number of Shar	Security	Direct (D) or Indirect (I) (Instr. 5)	r	
Non-Qualified Stock Option (Right to Buy)	<u>(2)</u>	04/03/2014	Common Stock	25,000	\$ 8.02	D		
Non-Qualified Stock Option (Right to Buy)	(3)	09/01/2014	Common Stock	7,500	\$ 25	D		
Non-Qualified Stock Option (Right to Buy)	(3)	09/01/2014	Common Stock	7,500	\$ 21	D		
Non-Qualified Stock Option (Right to Buy)	(3)	09/01/2014	Common Stock	7,500	\$ 17	D		
Non-Qualified Stock Option (Right to Buy)	(3)	09/01/2014	Common Stock	7,500	\$ 13	D		
Non-Qualified Stock Option (Right to Buy)	(3)	09/01/2014	Common Stock	7,500	\$ 9	D		
Non-Qualified Stock Option (Right to Buy)	<u>(4)</u>	04/27/2015	Common Stock	25,000	\$ 15	D		
Stock Appreciation Rights	<u>(5)</u>	03/23/2016	Common Stock	17,500	\$ 32.79	D		
Stock Appreciation Rights	(6)	06/29/2016	Common Stock	6,000	\$ 39.05	D		

Reporting Owners

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
Zimmer Thomas 1800 CENTURY PARK EAST LOS ANGELES, CA 90067			SVP, North America		

Signatures

Vicki Tuchman by Power of Attorney	08/22/2006	
**Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of grant of restricted stock units under the Herbalife Ltd. 2005 Stock Incentive Plan. Each restricted stock unit represents a contingent right to receive one share of Common Stock and vests with respect to 1/3 of the stock units awarded on April 23, 2007, March 23, 2008 and March 23, 2009.
- Option vests 5% on 4/3/2004 and 5% quarterly increments thereafter commencing on June 30, 2004 and on the last day of each subsequent calendar quarter thereafter until fully vested.
- (3) Option vests in 5% quarterly increments commencing on September 30, 2004 and on the last day of each subsequent calendar quarter thereafter until fully vested.
- (4) Option vests in 5% quarterly increments commencing on 6/30/05 and on the last day of each subsequent calendar quarter thereafter until fully vested.
- (5) Stock Appreciation Rights vest in 5% quarterly increments commencing on March 31, 2006 and on the last day of each subsequent calendar quarter thereafter until fully vested.
- (6) Stock Appreciation Rights vest in 5% quarterly increments commencing on June 30, 2006 and on the last day of each subsequent calendar quarter thereafter until fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.