FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Responses	s)													
1. Name and Address of Reporting Person* PROBERT GREGORY			2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 1800 CENTURY PARK EAST			3. Date of Earliest Transaction (Month/Day/Year) 04/25/2006					X Officer (give title below) Other (specify below) President & COO							
LOS AN	GELES, C	(Street)		4. If Ame	endment,	Date Origin	nal File	d(Month/Day	y/Year)		6. Individual of _X_Form filed byForm filed by !	One Reporting			ne)
(City		(State)	(Zip)			Table I -	Non-D	erivative	Securiti	ies Acqu	ired, Disposed	of, or Bene	ficially Own	ied	
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		if Code (Instr. 8)	(Instr. 8)		4. Securities Acqu (A) or Disposed of (Instr. 3, 4 and 5)			/		6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	V	Amount	(A) or (D)	Price				(I) (Instr. 4)	
Common	Stock		04/25/2006			M		20,000	A	\$ 5	31,025			D	
Common	Stock		04/25/2006			S ⁽¹⁾		10,000	D	\$ 35	21,025			D	
Common Stock			04/25/2006			S ⁽¹⁾		10,000	D	\$ 35.24	11,025			D	
Common	Stock		04/26/2006			M		79,900	A	\$ 5	90,925			D	
Common Stock			04/26/2006			S ⁽¹⁾		9,900	D	\$ 36.54	81,025			D	
Common Stock			04/26/2006			S ⁽¹⁾		10,000	D	\$ 36.24	71,025			D	
Common Stock			04/26/2006			S ⁽¹⁾		10,000	D	\$ 36.04	61,025			D	
Common Stock			04/26/2006			S ⁽¹⁾		10,000	D	\$ 35.94	51,025			D	
Common Stock			04/26/2006			S ⁽¹⁾		10,000	D	\$ 35.74	41,025			D	
Common Stock		04/26/2006			S ⁽¹⁾		10,000	D	\$ 35.54	31,025			D		
Common Stock		04/26/2006			S ⁽¹⁾		10,000	D	\$ 35.44	21,025			D		
Common Stock		04/26/2006			S ⁽¹⁾		10,000	D	\$ 35.34	11,025			D		
Reminder:	Report on a s	separate line for eacl	n class of securities	beneficial	ly owner	d directly or	Pers in th	ons who	are not	require	e collection of d to respond DMB control n	unless the		ned SEC	1474 (9-02)
			Table II -			rities Acqui warrants, o					Owned				
Derivative Conversion Date		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code Securities		Number Derivative curities quired (A) Disposed D) str. 3, 4,	vative ies (Month/Day/Year) ed (A)		le and	7. Title of Und Securi	e and Amount derlying ties 3 and 4)	Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction	Owners Form o Derivat Securit Direct (or India (s) (I)	Ownersh (y: (D) rect
				Code	V (A)]	Date Exercisa	Expi able Date	ration	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4	

non- qualified stock option (right to buy)	\$ 5	04/25/2006	M		20,000	(2)	07/13/2013	Common Stock	20,000	\$ 0	105,000	D	
non- qualified stock option (right to buy)	\$ 5	04/26/2006	M		79,900	(2)	07/13/2013	Common Stock	79,900	\$ 0	25,100	D	

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
PROBERT GREGORY								
1800 CENTURY PARK EAST			President & COO					
LOS ANGELES, CA 90067								

Signatures

Vicki Tuchman by Power of Attorney	04/27/2006
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 9, 2006.
- (2) Options were fully vested on July 31, 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.