FORM 4

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* LAVERACK WILLIAM JR					2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]							5.	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X 10% Owner					
(Last) (First) (Middle) 177 BROAD STREET, 15TH FLOOR					3. Date of Earliest Transaction (Month/Day/Year) 12/13/2005							_		r (give title belo		Other (specify	below)	
(Street)				_	4. If Amendment, Date Original Filed(Month/Day/Year) 6							. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person						
STAMFORD, CT 06901 (City) (State) (Zip)					Table I - Non-Derivative Securities Acquired, Disposed of,							osed of, or I	Beneficially	Owned				
1.Title of Security (Instr. 3)		Date	Date Ex- Month/Day/Year) any		med on Date, if Day/Year	3.		ion	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			A) or	<u> </u>			6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common			12/13/200	05				J(1)	V	Amount 6,987,111	(D)	Pri \$ 29.0		19,02	9,174		(Instr. 4)	See Footnote 3. (3)
Common		12/14/200	2/14/2005				J(2)		944,416	D	\$ 29.0)894	18,08	4,758		I	See Footnote 3. (3)	
Common		12/13/200	05				J <u>(1)</u>		61,295	D	\$ 29.0)894	166,935			I	See Footnote 4. (4)	
Common			12/14/200	05				J(2)		8,286	D	\$ 29.0)894	158,6	49		I	See Footnote 4. (4)
Common			12/13/200	05				J <u>(1)</u>		27,381	D	\$ 29.0)894	74,57	3		I	See Footnote 5. (5)
Common			12/14/200	05				J(2)		3,700	D	\$ 29.0)894	70,87	3		I	See Footnote 5. (5)
Reminder: R	eport on a s	eparate lin	e for each cl	ass of sec	curities b	eneficiall	y ov	wned d	F	y or indirectly Persons wh contained ir he form dis	o resp	form a	are n	ot requ	uired to res	spond unle	ss	1474 (9-02)
				Table II						d, Disposed o ions, convert	/		•	Owned				
Derivative Conversion Date Security or Exercise (Month/Day/Year)		Day/Year) Ex	SA. Deemed Execution Date, if any Code (Instr.		4. Transacti Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		er ative ties red sed 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. A U S	. Title Amour Jnderl Jecurit Jnstr.	nt of lying ties 3 and	t of Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form of Derivati Security Direct (I or Indire	ive Ownership y: (Instr. 4) D) ect	
						Code	V	(A)		Date Exercisable	Expirat Date	ion T	Title N	Amount or Number of Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
LAVERACK WILLIAM JR 177 BROAD STREET, 15TH FLOOR STAMFORD, CT 06901		X					

Signatures

William Laverack, Jr., By: Daniel J. O'Brien, Attorney-in-Fact	12/15/2005	
**Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares to be sold on December 19, 2005 pursuant to December 13, 2005 Purchase Agreement with underwriters (the "Purchase Agreement").
- (2) Shares to be sold on December 19, 2005 pursuant to the Purchase Agreement as a result of the exercise of an over-allotment option by the underwriters.
- Shares owned by Whitney V, L.P. The undersigned is a managing member of Whitney Equity Partners V, LLC, the general partner of Whitney V, L.P., and has an interest in (3) a limited partner of Whitney V, L.P. The undersigned may be deemed to share voting and dispositive power with respect to such shares. The undersigned disclaims beneficial ownership of such shares except to the extent of his proportionate interest.
- Shares owned by Whitney Strategic Partners V, L.P. The undersigned is a managing member of Whitney Equity Partners V, LLC, the general partner of Whitney Strategic
- (4) Partners V, L.P. The undersigned may be deemed to share voting and dispositive power with respect to such shares. The undersigned disclaims beneficial ownership of such shares except to the extent of his proportionate interest.
- Shares owned by Whitney Private Debt Fund, L.P. The undersigned is a member of Whitney Private Debt GP, LLC, the general partner of Whitney Private Debt Fund, L.P. (5) The undersigned may be deemed to share voting and dispositive power with respect to such shares. The undersigned disclaims beneficial ownership of such shares except to the extent of his proportionate interest.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.