FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Typ	e Responses)														
1. Name and Address of Reporting Person * STONE MICHAEL R				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]						5.	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle) 1250 PROSPECT STREET, SUITE 200					3. Date of Earliest Transaction (Month/Day/Year) 12/13/2005						-	Officer (give	title below)	Oth	er (specify belo	ow)
(Street) LA JOLLA, CA 92037				4. If Am								6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(City)		(State)	(Zip)		Table I - Non-Derivative Securities Acqui						ies Acquire	red, Disposed of, or Beneficially Owned				
(Instr. 3) Dat		2. Transaction Date (Month/Day/Year)	Execution Date, if		f Co	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			Form:	7. Nature of Indirect Beneficial Ownership		
							Code	V	Amount	or (D)	Price				(I) (Instr. 4)	(======================================
Common			12/13/2005				J(1)		6,987,111	D	\$ 29.0894	19,029,174			I	See Footnote 3. (3)
Common			12/14/2005				J ⁽²⁾		944,416	D	\$ 29.0894	18,084,758			I	See Footnote 3. (3)
Common			12/13/2005				J(1)		61,295	D	\$ 29.0894	166,935			I	See Footnote 4. (4)
Common			12/14/2005				<u>J(2)</u>		8,286	D	\$ 29.0894	158,649			I	See Footnote 4. (4)
Common			12/13/2005				J(1)		27,381	D	\$ 29.0894	74,573			I	See Footnote 5. (5)
Common			12/14/2005				J(2)		3,700	D	\$ 29.0894	70,873			I	See Footnote 5. (5)
Common												15,112			D	
Reminder: R	Report on a se	eparate line for ea	ach class of securities	I - Derivat	ive Sec	uriti	ies Acqı	Pe in a c	ersons who this form a currently va Disposed of,	re not lid ON or Ber	required t IB control neficially O					1474 (9-02)
Derivative Security (Instr. 3)	ive Conversion Oate Execution Date, if Transaction Number Expirate Or Exercise (Month/Day/Year) any Code Of (Month/Day/Year)		Date I	Exercisable and 7. Title on Date of Unde Day/Year) Securiti		1 /	rlying Derivatives Security (Instr. 5)		f 9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form o Derivat Securit Direct (or Indir	Owners y: (Instr. 4 D) ect					
				Code V	V (A)		ite ercisa	Expira Date	tion	Title	Amount or Number of Shares				
Warrants	\$ 15.5						07	7/01/2	2005 12/01	/2014	Commo Stock	170,011		198,611	D	

Reporting Owners

Relationships

Reporting Owner Name / Address	Director	10% Owner	Officer	Other
STONE MICHAEL R 1250 PROSPECT STREET, SUITE 200 LA JOLLA, CA 92037		X		

Signatures

Michael R. Stone, By: Daniel J. O'Brien, Attorney-in-Fact	12/15/2005
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares to be sold on December 19, 2005 pursuant to December 13, 2005 Purchase Agreement with underwriters (the "Purchase Agreement").
- (2) Shares to be sold on December 19, 2005 pursuant to the Purchase Agreement as a result of the exercise of an over-allotment option by the underwriters.
- Shares owned by Whitney V, L.P. The undersigned is a managing member of Whitney Equity Partners V, LLC, the general partner of Whitney V, L.P., and has an interest in a limited (3) partner of Whitney V, L.P. The undersigned may be deemed to share voting and dispositive power with respect to such shares. The undersigned disclaims beneficial ownership of such shares except to the extent of his proportionate interest.
- Shares owned by Whitney Strategic Partners V, L.P. The undersigned is a managing member of Whitney Equity Partners V, LLC, the general partner of Whitney Strategic Partners V, L.P. (4) The undersigned may be deemed to share voting and dispositive power with respect to such shares. The undersigned disclaims beneficial ownership of such shares except to the extent of his proportionate interest.
- Shares owned by Whitney Private Debt Fund, L.P. The undersigned is a member of Whitney Private Debt GP, LLC, the general partner of Whitney Private Debt Fund, L.P. The (5) undersigned may be deemed to share voting and dispositive power with respect to such shares. The undersigned disclaims beneficial ownership of such shares except to the extent of his proportionate interest.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.