UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden 0.5 hours per response...

5. Relationship of Reporting Person(s) to Issuer

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person*

(Print or Type Responses)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading Symbol

CASTLEMAN PETER M				HERBALIFE LTD. [HLF]								(Check all applicable) _X_ Director _X_ 10% Owner				
(Last) (First) (Middle) 177 BROAD STREET, 15TH FLOOR			3. Date of Earliest Transaction (Month/Day/Year) 05/11/2005									Officer (give	title below)	Ot	her (specify bel	ow)
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
	6901										_	Form filed by M	fore than One I	Reporting Perso	n	
7)	(State)	(Zip)	Table I - Non-Derivative Securities Acquir								s Acquire	red, Disposed of, or Beneficially Owned				
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)			Code (Instr. 8)				(D)	7	Owned Follow Fransaction(s)	vned Following Reported ansaction(s)			Beneficial Ownership
					Co	ode V	Amou	Amount (A) or (D)		Price	(I)					
											2	26,016,285			I	See Footnote 1. (1)
Common											2	228,230			I	See Footnote 2. (2)
											1	101,954			I	See Footnote 3. (3)
Common 05/		05/11/2005				1	9	1,500) A	\$ 16	5.1853	26,639		I		See Footnote 4. (4)
Common		05/12/2005]	9	10,00	00 A	\$ 16	5.5755	36,639			I	See Footnote 4. (4)
Common		05/13/2005				1	P	3,700) A	\$ 16	5.7189	40,339	0,339		I	See Footnote 4. (4)
Report on a se	eparate line for each	n class of securities b	eneficial	ly ow	ned d	lirectl	Per in t	sons v	m are n	ot re	quired to	o respond ເ				1474 (9-02)
			(e.g., nu	ive S	ecuri	ties A	cquired, l	Dispose s. conv	d of, or l	Benefi ecurit	ficially Ov	wned				
Title of crivative curity (str. 3) Price of Derivative Security Title of crivative curity (str. 3) Transaction Date (Month/Day/Year) Acquir (A) or Dispose of (D) (Instr. 3)			ber vative rities ired or osed) : 3,	6. Date E Expiratio	e Exercisable and 7. tion Date of Day/Year) 5e			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported	Owners Form of Derivat Securit Direct or India n(s) (I)	Ownershi y: (Instr. 4) (D)			
			Code	v	(A)	(D)	Date Exercisal		-	Т	Γitle	Amount or Number of Shares				
\$ 15.5							07/01/2	005 1	2/01/20)14	Commo Stock	n 242,718		242,71	8 1	See footnote 5. (5)
	PRD, CT 0 Conversion or Exercise Price of Derivative Security	AD STREET, 15TH FLOG (Street) ORD, CT 06901 (State) ecurity 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year)	AD STREET, 15TH FLOOR (Street) ORD, CT 06901 (State) 2. Transaction Date (Month/Day/Year) 05/11/2005 05/12/2005 05/13/2005 Report on a separate line for each class of securities by Table II 2. Table II 2. Table II 2. Conversion On Date (Month/Day/Year) (Month/Day/Year) Table II 2. (Month/Day/Year)	(Street) (Street) (Street) (State) (State) (State) (Zip) (A. If Am. DRD, CT 06901 (State) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (D5/11/2005 (D5/13/2005 (D5/13/2	AD STREET, 15TH FLOOR (Street) (Street) (Street) (Street) (A. If Amendm (A.	AD STREET, 15TH FLOOR (Street) (Street) (Street) (Street) (State) (Zip) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 2. Table II - Derivative Securice.g., puts, calls, words any (Month/Day/Year) (Code W (A)) (Code W (A))	AD STREET, 15TH FLOOR (Street) AD STREET, 15TH FLOOR (Street) AL If Amendment, Date Of Street Of State Of S	ORD, CT 06901 ORD, CT 06901 OState) Curity Curity Code Code Conversion Conversion	AD STREET, 15TH FLOOR (Street) (A) (Street) (Instr. 8) (Instr. 9) (Instr. 8) (Instr. 8) (Instr. 9) (Instr. 9) (Instr. 9) (Instr. 9) (Instr. 13 (Instr.	AD STREET, 15TH FLOOR (Sized) (Sized)	AD STREET, 15TH FLOOR SINCE) S. Date of Earliest Transaction (Month/Day/Year)	AD STREET, 15TH FLOOR	AD STREET, 15TH FLOOR	A		A

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
CASTLEMAN PETER M 177 BROAD STREET, 15TH FLOOR STAMFORD, CT 06901	X	X					

Signatures

PETER M. CASTLEMAN, By: Daniel J. O'Brien, Attorney-in-Fact	05/13/2005	
**Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Shares owned by Whitney V, L.P. The undersigned is a managing member of Whitney Equity Partners V, LLC, the general partner of Whitney V, L.P., and has an interest in a limited (1) partner of Whitney V, L.P. The undersigned may be deemed to share voting and dispositive power with respect to such shares. The undersigned disclaims beneficial ownership of such shares except to the extent of his proportionate interest.
- Shares owned by Whitney Strategic Partners V, L.P. The undersigned is a managing member of Whitney Equity Partners V, LLC, the general partner of Whitney Strategic Partners V, L.P. (2) The undersigned may be deemed to share voting and dispositive power with respect to such shares. The undersigned disclaims beneficial ownership of such shares except to the extent of his proportionate interest.
- Shares owned by Whitney Private Debt Fund, L.P. The undersigned is a member of Whitney Private Debt GP, LLC, the general partner of Whitney Private Debt Fund, L.P. The (3) undersigned may be deemed to share voting and dispositive power with respect to such shares. The undersigned disclaims beneficial ownership of such shares except to the extent of his proportionate interest.
- (4) Shares owned by Prairie Fire Capital, LLC. The undersigned is the managing member of Prairie Fire Capital, LLC and may be deemed to have voting and dispositive power with respect to
- (5) Represents the undersigned's pecuniary interest in warrants held by Whitney & Co., LLC. The undersigned disclaims beneficial ownership of any other warrants owned by Whitney & Co., LLC.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.