

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)							
1. Name and Address of Reporting Person [*] – JOHNSON MICHAEL	2. Date of Event Requiring Statement (Month/Day/Year) 12/15/2004	3. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]					
(Last) (First) (Middle) C/O HERBALIFE INTERNATIONAL, INC., 1800 CENTURY PARK EAST	12/13/2004	4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			5. If Amendment, Date Original Filed(Month/Day/Year)		
(Street) LOS ANGELES, CA 90067		X_ Officer (give tibelow)		cify	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City) (State) (Zip)	Table I - Non-Derivative Securities Beneficially Owned						
1. Title of Security (Instr. 4)	2. Amount of S Beneficially Ov (Instr. 4)	r r r r r		e of Indirect Beneficial Ownership			
Common Stock	56,561	56,561		Beneficially owned through Michael O Johnson IRRA			
Common Stock	45,249		D				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)			3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative	5. Ownership Form of Derivative Security:	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security	Direct (D) or Indirect (I) (Instr. 5)	
Non-Qualified Stock Option	(1)	04/03/2013	Common Stock	591,185	\$ 0.88	D	
Non-Qualified Stock Option	<u>(2)</u>	04/03/2013	Common Stock	591,185	\$ 3.52	D	
Non-Qualified Stock Option	<u>(2)</u>	04/03/2013	Common Stock	591,185	\$ 10.56	D	
Non-Qualified Stock Option	<u>(3)</u>	12/01/2014	Common Stock	500,000	\$ 15.5	D	
Non-Qualified Stock Option	<u>(2)</u>	04/03/2013	Common Stock	591,185	\$ 17.6	D	
Non-Qualified Stock Option	(2)	04/03/2013	Common Stock	591,185	\$ 24.64	D	

Reporting Owners

Reporting Owner Name / Address		Relationships					
		10% Owner	Officer	Other			
JOHNSON MICHAEL C/O HERBALIFE INTERNATIONAL, INC. 1800 CENTURY PARK EAST LOS ANGELES, CA 90067			Chief Executive Officer				

Signatures

**Signature of Reporting Person

12/13/2004

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest in equal increments on 4/30/04 and on 4/30/05.
- (2) Options vest 20% on 4/30/04 and thereafter on a quarterly basis in 5% increments.
- (3) Of these options, granted 12/1/04, 33.33% will vest on 12/1/07, 33.33% will vest on 12/1/08, and 33.33% will vest on 12/1/09.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

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