Form 144 Filer Information

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK	0001610428
Filer CCC	XXXXXXXX
Is this a LIVE or TEST Filing?	
Submission Contact Information	
Name	
Phone	
E-Mail Address	

144: Issuer Information

Name of Issuer	HERBALIFE LTD.
SEC File Number	001-32381
Address of Issuer	P.O. BOX 309GT UGLAND HOUSE, SOUTH CHURCH STREET GEORGE TOWN CAYMAN ISLANDS 00000
Phone	310 410 9600
Name of Person for Whose Account the Securities are To Be Sold	LeFevre Alan W

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer

Former Director

144: Securities Information

Title of the Class of Securities To Be Sold	Common
Name and Address of the Broker	Charles Schwab & Co., Inc. 3000 Schwab Way Westlake TX 76262
Number of Shares or Other Units To Be Sold	40000
Aggregate Market Value	298168.00
Number of Shares or Other Units Outstanding	101846731
Approximate Date of Sale	05/05/2025
Name the Securities Exchange	NYSE

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or

144: Securities To Be Sold	
Title of the Class	Common
Date you Acquired	02/03/2017
Nature of Acquisition Transaction	Open Market Purchase
Name of Person from Whom Acquired	HERBALIFE LTD.
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	4000
Date of Payment	02/03/2017
Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	04/15/2019
Nature of Acquisition Transaction	Restricted Stock Lapse
Name of Person from Whom Acquired	HERBALIFE LTD.
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	2390
Date of Payment	04/15/2019
Nature of Payment	Equity Compensation

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold	
Title of the Class	Common
Date you Acquired	04/15/2020
Nature of Acquisition Transaction	Restricted Stock Lapse
Name of Person from Whom Acquired	HERBALIFE LTD.
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	2689
Date of Payment	04/15/2020
Nature of Payment	Equity Compensation

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a

note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold	
Title of the Class	Common
Date you Acquired	04/15/2021
Nature of Acquisition Transaction	Restricted Stock Lapse
Name of Person from Whom Acquired	HERBALIFE LTD.
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	3407
Date of Payment	04/15/2021
Nature of Payment	Equity Compensation

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	08/17/2021
Nature of Acquisition Transaction	Open Market Purchase
Name of Person from Whom Acquired	HERBALIFE LTD.
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	3000
Date of Payment	08/17/2021
Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	04/15/2022
Nature of Acquisition Transaction	Restricted Stock Lapse
Name of Person from Whom Acquired	HERBALIFE LTD.
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	3114
Date of Payment	04/15/2022

Nature of Payment

Equity Compensation

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold	
Title of the Class	Common
Date you Acquired	05/24/2022
Nature of Acquisition Transaction	Open Market Purchase
Name of Person from Whom Acquired	HERBALIFE LTD.
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	5000
Date of Payment	05/24/2022
Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	12/08/2022
Nature of Acquisition Transaction	Open Market Purchase
Name of Person from Whom Acquired	HERBALIFE LTD.
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	4000
Date of Payment	12/08/2022
Nature of Payment	Cash

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	12/09/2022
Nature of Acquisition Transaction	Open Market Purchase
Name of Person from Whom Acquired	HERBALIFE LTD.
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	4000

Date of Payment

12/09/2022

Cash

Nature of Payment

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold	
Title of the Class	Common
Date you Acquired	04/15/2023
Nature of Acquisition Transaction	Restricted Stock Lapse
Name of Person from Whom Acquired	HERBALIFE LTD.
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	6384
Date of Payment	04/15/2023
Nature of Payment	Equity Compensation

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	04/15/2024
Nature of Acquisition Transaction	Restricted Stock Lapse
Name of Person from Whom Acquired	HERBALIFE LTD.
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	2016
Date of Payment	04/15/2024
Nature of Payment	Equity Compensation

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report

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144: Remarks and Signature

Late filing to capture trade done on 5/5/2025 and may be sold over various dates. Shares sold in the ALAN W LEFEVRE REVOCABLE TRUST.

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

ALAN LEFEVRE TTEE

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)