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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported):

March 10, 2009

Herbalife Ltd.

(Exact name of registrant as specified in its charter)

Cayman Islands

1-32381

98-0377871

(State or other jurisdiction  
of incorporation)

(Commission  
File Number)

(I.R.S. Employer  
Identification No.)

P.O. Box 309GT, Ugland House, South Church Street,  
Grand Cayman, Cayman Islands

KY1-1106

(Address of principal executive offices)

(Zip Code)

Registrant's telephone number, including area code:

c/o (213) 745-0500

Not Applicable

Former name or former address, if changed since last report

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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**Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.**

At its meeting held March 10, 2009, the Board of Directors (the "Board") of Herbalife, Ltd. (the "Company") appointed Lawrence M. Higby as a Class II director. Mr. Higby is currently an advisor to and the Vice Chairman of Apria Healthcare Group Inc. ("Apria"), and, from February 2002 through October 2008, had served as Apria's President, Chief Executive Officer and member of its board of directors. From 1997 until his appointment as Chief Executive Officer in February 2002, Mr. Higby served as Apria's President and Chief Operating Officer. Previously, Mr. Higby was the former President and Chief Operating Officer of Unocal's 76 Products Company and Group Vice President of Unocal Corporation from 1994 to 1997. No arrangement or understanding exists between Mr. Higby and any other person pursuant to which he was selected as a director.

On March 10, 2009, in connection with being appointed to the Board as an independent director, Mr. Higby received an award of 28,920 stock appreciation rights pursuant to the Company's 2005 Stock Incentive Plan.

In connection with the changes to the membership of the Board, Mr. Higby was named to serve on the Company's Audit Committee.

**Item 8.01 Other Events.**

On March 16, 2009, the Company issued a press release announcing Mr. Higby's appointment. A copy of the press release is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

**Item 9.01 Financial Statements and Exhibits.**

(c) Exhibits

99.1 Press Release issued by Herbalife Ltd. on March 16, 2009.

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**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Herbalife Ltd.

*March 16, 2009*

*By: Brett R. Chapman*

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*Name: Brett R. Chapman*

*Title: General Counsel*

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Exhibit Index

<u>Exhibit No.</u>	<u>Description</u>
99	Press Release issued by Herbalife Ltd. on March 16, 2009

## LAWRENCE HIGBY JOINS HERBALIFE BOARD

**LOS ANGELES**, March 16, 2009 – Herbalife Ltd. (NYSE: HLF), a global nutrition and direct-selling company, announced that Lawrence Higby has joined its board of directors.

“We’re very excited about Larry joining our board,” said Michael O. Johnson, chairman and CEO. “He brings a wealth of experience from business, government, and the boardroom, which will be of great benefit to me, our shareholders, distributors, and employees.”

Higby has served as vice chairman and advisor of Apria Healthcare Group Inc. since October 2008. He was part of its management team since 1997; as president and chief operating officer from 1997 to 2002, and then as chief executive officer from 2002 to 2008. He also served as a director from 2002 to 2008.

Prior to joining Apria, Higby served as president and chief operating officer of Unocal’s 76 Product Company and group vice president of Unocal Corporation from 1994 to 1997. Previously, he held various positions at Times Mirror Company, including executive vice president of the Los Angeles Times.

In 1986, he served as president and chief operating officer of Americas Pharmacy Inc., a division of Caremark Inc. From 1974 to 1985, he held executive management positions in sales and marketing at various divisions of PepsiCo including vice president of marketing for North America.

Higby is filling an existing vacancy on the board.

He is currently a board member of the Automobile Club of Southern California and eHealth, Inc. He also serves on the non-profit board of the Orange County Performing Arts Center and the South Coast Repertory Center. Higby holds a bachelor of science degree from University of California, Los Angeles.

### **About Herbalife Ltd.**

Herbalife Ltd. is a global network marketing company that sells weight-management, nutrition, and personal care products intended to support a healthy lifestyle. Herbalife products are sold in 70 countries through a network of over 1.9 million independent distributors. The company supports the Herbalife Family Foundation and its Casa Herbalife program to bring good nutrition to children. Please visit Herbalife Investor Relations for additional financial information.

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