### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response...

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Responses	s)																
1. Name and Address of Reporting Person* Agwunobi John O					2. Issuer Name and Ticker or Trading Symbol HERBALIFE NUTRITION LTD. [HLF]							5.	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 800 W. OLYMPIC BLVD. SUITE 406					3. Date of Earliest Transaction (Month/Day/Year) 02/26/2019								X Officer (give title below) Other (specify below)  Co-President/Chief H&N Officer					
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
LOS AN	GELES, C	A 90015												_ FOIII III	ed by More mar	One Reporting	reison	
(City	)	(State)	(Zip)			Tal	ble I -	Non	-Der	ivative	Securitie	es Acq	quire	d, Disp	osed of, or l	Beneficially	Owned	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Exec any	Deemed cution Date	, if	(Instr. 8)		(A) or		Disposed of (D) 3, 4 and 5)		D) B R	Reported Transaction(s)		Following	6. Ownership Form:	Beneficial
	(Month/Day/Year)  Code V An		Amoun	(A) or ot (D)	Pric		(Instr. 3 and 4) Direct (D) Ownersh or Indirect (I) (Instr. 4)				Ownership (Instr. 4)							
Common Stock		02/26/2019				F			538 (1	) D	\$ 56.5	52 1	12,577			D		
			Table II -					<sub>l</sub> uire	the f	form dis	splays a	a curi	rentl ially	ly valid	OMB con	spond unle trol numbe		
Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Y	3A. Deemed Execution Da	ate, if	Code	on 1 ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) (	5.	er tive ties red sed	6. Dand (Mo	ate Exer Expirati inth/Day	cisable on Date	7. A U Se (Ii 4)	Title mour inderlecurit nstr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form of Derivati Security Direct ( or Indire	Beneficia Ownershi (Instr. 4)

## Reporting Owners

		Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
Agwunobi John O 800 W. OLYMPIC BLVD. SUITE 406 LOS ANGELES, CA 90015			Co-President/Chief H&N Officer						

## **Signatures**

Lisa Kwon, as Attorney-In-Fact for John Agwunobi	02/28/2019
**Signature of Reporting Person	Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Units withheld to satisfy the withholding tax obligations due in connection with the vesting of restricted stock units previously granted to the Reporting Person on February 26, 2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.