

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Resp	onses)								
1. Name and Address of Reporting Person [*] Nelson James Larry			2. Date of Event Requiring Statement (Month/Day/Year) 04/29/2014		3. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]				
800 W OLYMI	PIC BLVD,	(Middle) SUITE 406	04/29/2014		Issuer			5. If Amendment, Date Original Filed(Month/Day/Year)	
LOS ANGELE	(Street) (Check all applicable) <u>X</u> _Director <u>Officer (give title</u>) <u>below</u>) Other (specify <u>below</u>)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Beneficially Owned						
1.Title of Security (Instr. 4)				2. Amount of Sea Beneficially Own (Instr. 4)		1	4. Natur (Instr. 5	e of Indirect Beneficial Ownership)	
•				•		•	•		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security		2. Date Exercisable		3. Title and Amount of		4. Conversion	5. Ownership	6. Nature of Indirect Beneficial
	(Instr. 4)	and Expiration Date		Securities Underlying Derivative		or Exercise	Form of	Ownership
		(Month/Day/Year)		Security		Price of	Derivative	Instr. 5)
				(Instr. 4)		Derivative	Security: Direct	
			Expiration	Title	Amount or Number of	Security	(D) or Indirect (I)	
		Exercisable Date	Date	ate The	Shares		(Instr. 5)	

Reporting Owners

Banasting Owner Name /	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Nelson James Larry 800 W OLYMPIC BLVD SUITE 406 LOS ANGELES, CA 90015	Х					

Signatures

James L. Nelson by Jim Berklas, Attorney-in-Fact	04/30/2014
Signature of Reporting Person	Date

Explanation of Responses:

No securities are beneficially owned

* If the form is filed by more than one reporting person, see Instruction 5(b)(v).

Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. ** 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

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