## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)		1							l					
1. Name and Address of Reporting Person * GOUDIS RICHARD				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner						
800 W. OLYMPIC BOULEVARD, #406				3. Date of Earliest Transaction (Month/Day/Year) 11/29/2012						X Officer (give title below) Other (specify below)  Chief Operating Officer						
(Street) LOS ANGELES, CA 90015				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)		(State)	(Zip)	Т	able I	- Non	ı-Dei	rivative S	Securiti	es Acqu	ired, Disp	osed of, or l	Beneficially	Owned		
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			Ownership Form:		Beneficial		
				(Month/Day/Year	Co	de	V	Amount	(A) or (D)	Price	(Instr. 3 a	and 4)		Direct (D or Indirec (I) (Instr. 4)		wnership nstr. 4)
Common	Stock		11/29/2012		P	,		45,516	A	\$ 43.89	180,136			D		
				Derivative Securi		quire	con the	tained in form dis Pisposed o	n this f splays of, or B	orm are a curre	e not requently valid	OMB con	spond unle trol numbe	ss	C 14	74 (9-02)
Security		3. Transaction Date (Month/Day/	on 3A. Deemed Execution D (Year) any	(e.g., puts, calls, w 4. Transaction Code Year) (Instr. 8)	5. Number of an (N Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. E and (Mc	nd Expiration Date Month/Day/Year)		7. T Am Und Sec (Ins 4)	Pitle and ount of derlying urities tr. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owne Form Deriv Secur Direc or Ind	of ative ity:	Beneficial Ownershi (Instr. 4)
				Code V	(A) (E	(D)	Date Exe	-	Expirati Date	Titl	Number of Shares					
Repor	ting O	wners														

	Relationships						
Reporting Owner Name / Address		10% Owner	Officer	Other			
GOUDIS RICHARD 800 W. OLYMPIC BOULEVARD, #406 LOS ANGELES, CA 90015			Chief Operating Officer				

### **Signatures**

Richard P. Goudis by Brett R. Chapman, Attorney-in-Fact	11/29/2012		
**Signature of Reporting Person	Date		

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was executed in multiple trades at prices ranging from \$43.73 to \$44.40. The price reported above reflects the weighted average sale price. The reporting (1) person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.