UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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longer subject to Section 16. Form 4 or Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Re	sponses)																		
1. Name and Address of Reporting Person* JOHNSON MICHAEL				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (First) (Middle) 800 W. OLYMPIC BOULEVARD, #406				3. Date of Earliest Transaction (Month/Day/Year) 05/31/2012									Officer (give ti			Other (spec	fy below)		
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)									6. Individual or Joint/Group FilingCheck Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person						
LOS ANGEL	ES, CA 90											For	m filed by Mo	re than One Rep	orting Perso	on			
(City)		(State)	(Zip)			Tab	le I -	Non-	-Derivat	ive Securi	ties A	cquired, D	isposed of	, or Benefic	ially Ow	ned			
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year)			Execution any			(Instr. 8)		(A) or 1	rities Acqu Disposed o 3, 4 and 5)		Owned Following Transaction(s)				6. Ownersh Form: Direct (E	Benefi	et cial		
			(Month/Day/Year)			Code V		Amount (A) or (D)		Price		(Instr. 3 and 4)				Owner (Instr.			
Common Stoc	ck		05/31/2012			A	1)		543	D	\$ 0	920,149	9		-	(Instr. 4) D			
Common Stock												79,420		I through Spous GRA			gh se's		
Common Stock												79,420				I Beneficial owned through GRAT		d gh	
Common Stock											113,122	2			I	Benerowne owne throu Mich Johns IRA	gh ael O.		
Reminder: Renor	rt on a senara	ite line for each cla	ass of securities ben	eficially ov	vned di	rectly or	indir	ectly											
reminaer: respon	et on a separe	ne mie for each ea	ass of securities ben	criciary ov	viicu ui	rectly of	mun	Pers	sons wi	re not red	uired		ond unles	formation s the form			SEC 147	74 (9-02)	
			Table II	- Derivativ						of, or Ben									
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 3. Tran Date (Month			r) any	Deemed 4. Transact Code (Instr. 8)		Number of erivative ecurities cquired (A) Disposed of D) nstr. 3, 4, and 5)		Expiration Date of (Month/Day/Year)		f Underlyin ecurities	Citle and Amount Underlying surities str. 3 and 4)		9. Numb Derivati Securitie Benefici Owned Followin Reported Transact	ve ces F F F F F F F F F F F F F F F F F F F	orm of derivative ecurity: direct (D) r Indirect	11. Nature of Indirec Beneficial Ownershi (Instr. 4)			
				Code	V	(A)	(D)	Date Exerc	cisable	Expiration Date	Т	itle	Amount or Number of Shares		(Instr. 4)		nstr. 4)		
Stock Appreciation Rights	\$ 44.79	05/31/2012		A	3	27,868			(2)	05/31/20	22 0	Common Stock	327,868	\$ 0	327,8	868	D		

Reporting Owners

		Re	lationships	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
JOHNSON MICHAEL 800 W. OLYMPIC BOULEVARD, #406 LOS ANGELES, CA 90015	X		Chairman & CEO	

Signatures

Michael O. Johnson by Brett R. Chapman, Attorney-in-Fact	06/04/2012
**Signature of Reporting Person	Date
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of dividend equivalents accrued with respect to previous awards of restricted stock units granted under the Herbalife Ltd. 2005 Stock Incentive Plan.
- (2) Consists of stock appreciation rights granted under the Herbalife Ltd. 2005 Stock Incentive Plan, of which 20% will vest May 31, 2013, 20% will vest May 31, 2014, and 60% will vest May 31, 2015.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.