UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average	burden						

longer subject to Section 16. Form 4 or Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Re	esponses)																
1. Name and Address of Reporting Person *- Walsh Des				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
800 W. OLYMPIC BOULEVARD, #406				3. Date of Earliest Transaction (Month/Day/Year) 05/31/2012							X	X_Officer (give title below) Other (specify below) President					
(Street)			4.	4. If Amendment, Date Original Filed(Month/Day/Year)							_X_	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
LOS ANGEL	LES, CA 90	0015										Torin med by Mo	re man One Kep	orting reison			
(City)		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)			ate, if Co	(Instr. 8)		4. Securities Acquire (A) or Disposed of (Instr. 3, 4 and 5)		(D) Owned Followin Transaction(s)		curities Beneficially ag Reported		Form:	7. Nature of Indirect Beneficial		
				(Month/Day/Year)			Code V		Amoun	(A) or (D)	Price	(Instr. 3 and 4)		0	r Indirect (Ownership Instr. 4)	
Common Stock 05/31/2012			05/31/2012				A ⁽¹⁾		313	A	\$ 0 121	,454		Ι)		
			Table II -					current	ly valionsed of,	d OMB co	ontrol nun	ber.	s the form	displays a			
1. Title of	2.	3. Transaction	3A. Deemed	(<i>e.g.</i> , puts	s, cal	· _				ole securiti		nd Amount	8. Price of	9. Number of	10.	11. Nature	
1. Title of Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	ion Date (Month/Day/Year)	Execution Date, if	f Transaction Deri Code Secu (Instr. 8) Acq or D (D)		Derivative Securities Acquired or Dispos	vative rities (Montaired (A) isposed of r. 3, 4,		te Exercisable and ation Date th/Day/Year)		of Underl Securities (Instr. 3 a	ying		Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownershi Form of Derivativ Security: Direct (D or Indirect)	of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisa		piration te	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)		
Stock Appreciation Rights	\$ 44.79	05/31/2012		A		118,426	5	(2)	05	5/31/2022	Commo	1118.426	\$ 0	118,426	D		

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Walsh Des 800 W. OLYMPIC BOULEVARD, #406 LOS ANGELES, CA 90015			President			

Signatures

Desmond J. Walsh by Brett R. Chapman, Attorney-in-Fact	06/04/2012	
**Signature of Reporting Person	Date	

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of dividend equivalents accrued with respect to previous awards of restricted stock units granted under the Herbalife Ltd. 2005 Stock Incentive Plan.
- (2) Consists of stock appreciation rights granted under the Herbalife Ltd. 2005 Stock Incentive Plan, of which 20% will vest May 31, 2013, 20% will vest May 31, 2014, and 60% will vest May 31, 2015.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.