FORM	4
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(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden 0.5 hours per response ..

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] Tartol John	I	2. Issuer Name and HERBALIFE LT			g Symbol			5. Relationship of Reporting Person(s) t (Check all applicab _X_ Director109		
(Last) (First) 800 W. OLYMPIC BOULEVARD, #40	o.c.	3. Date of Earliest Tr 05/31/2012	ansaction (N	Aonth	/Day/Yea	r)		Officer (give title below)Oth	er (specify belo	w)
(Street) LOS ANGELES, CA 90015	2	4. If Amendment, Da	te Original 1	Filed(1	Month/Day/	Year)		6. Individual or Joint/Group Filing(Check _X_Form filed by One Reporting Person Form filed by More than One Reporting Person		e)
(City) (State)	(Zip)		Table I - N	on-De	erivative	Securitie	s Acqu	uired, Disposed of, or Beneficially Own	ed	
(Instr. 3) Da		Execution Date, if any	(Instr. 8)	-	4. Securi (A) or D (Instr. 3,	isposed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Beneficial
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

			(e.g	., puts, c	alls,	, warran	its, o	ptions, convo	ertible securiti	es)					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code)		ive ies ed ed	6. Date Exer Expiration E (Month/Day	Date	7. Title and of Underlyin Securities (Instr. 3 and	ıg	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial
				Code	v	(A)		Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Appreciation Rights	\$ 44.79	05/31/2012		А		7,503		<u>(1)</u>	05/31/2012	Common Stock	7,503	\$ 0	7,503	D	

Reporting Owners

		Relationsl	nips	
Reporting Owner Name / Address	Director	10% Owner	Officer	Other
Tartol John 800 W. OLYMPIC BOULEVARD, #406 LOS ANGELES, CA 90015	Х			

Signatures

John Tartol by Brett R. Chapman, attorney-in-fact 06/04/2012

**Signature of Reporting Person

Date	
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Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). **

Consists of stock appreciation rights granted under the Herbalife Ltd. 2005 Stock Incentive Plan, of which 25% will vest on each of July 15, 2012, October 15, 2012, January 15, 2013 and (1) April 15, 2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.