FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Re	esponses)																
Name and Address of Reporting Person* Hienrich Edi				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 800 W. OLYMPIC BLVD. SUITE 406				3. Date of Earliest Transaction (Month/Day/Year) 02/24/2012								X Officer (give title below) Other (specify below) SVP/Managing Director EMEA					
(Street) LOS ANGELES, CA 90015				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(City) (State) (Zip)					Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1.Title of Securi (Instr. 3)	ty		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	if Code (Instr. 8	(Instr. 8)			ties Acquired isposed of (D) 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Ownership Form: Direct (D)	Beneficial		
						Code		V	Amount	(A) or (D)	Price			(I) (Instr. 4)	(11101111)		
Common Sto	ck		02/24/2012			М			8,000	A	\$ 15.14	17,824		D			
Common Sto	ck		02/24/2012			D			4,768	D	\$ 66.45	13,056		D			
Common Sto	ck		02/27/2012			F			360 (1)	D	\$ 66.5	12,696		D			
Common Sto	ck		02/24/2012			M			8,000	A	\$ 7.5	10,826		I	By wife		
Common Sto	ck		02/24/2012			M			2,040	A	\$ 6.82	12,866		I	By wife		
Common Sto	ck		02/24/2012			D			1,071	D	\$ 66.45	11,795		I	By wife		
Common Sto	ck		02/24/2012			М			1,059	A	\$ 22.94	12,854		I	By wife		
Common Sto	ck		02/24/2012			D			692	D	\$ 66.45	12,162		I	By wife		
Common Sto	ck		02/24/2012			S			10,238	D	\$ 66.03 (2)	1,924		I	By wife		
Common Sto	ck		02/27/2012			F			306 (1)	D	\$ 66.5	1,618		I	By wife		
Reminder: Repo	rt on a separa	ate line for each c	lass of securities b	enefi	cially owned	directly or i	indi	rectl	v.								
	1						F	ers n th	ons who	are not	require		information conta nless the form dis		C 1474 (9-02)		
			Table II		rivative Secur							Owned					
1. Title of Derivative	2. Conversion	3. Transaction	3A. Deemed Execution Dat	·	4.	5. Number	6.	Date	e Exercisa	able and	7. Ti		8. Price of 9. Numb		11. Nati		

	Conversion		Execution Date, if	Code	tion			6. Date Exer Expiration I (Month/Day	Date	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following	Derivative Security: Direct (D) or Indirect	Beneficial
				Code	V	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Appreciation Rights	\$ 15.14	02/24/2012		M			8,000	(3)	08/31/2019	Common Stock	8,000	\$ 0	24,000	D	
Non- Qualified Stock Option	\$ 7.5	02/24/2012		М			8,000	<u>(4)</u>	04/27/2012	Common Stock	8,000	\$ 0	0	Ι	By wife

Stock Appreciation Rights	\$ 6.82	02/24/2012	M		2,040	(5)	02/27/2019	Common Stock	2,040	\$ 0	3,060	I	By wife
Stock Appreciation Rights	\$ 22.94	02/24/2012	M		1,059	<u>(6)</u>	05/07/2020	Common Stock	1,059	\$ 0	4,237	I	By wife

Reporting Owners

		Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other						
Hienrich Edi 800 W. OLYMPIC BLVD. SUITE 406 LOS ANGELES, CA 90015			SVP/Managing Director EMEA							

Signatures

Edi Hienrich by Brett R. Chapman, Attorney-in-Fact	02/28/2012
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Pursuant to the Issuer's 2005 Stock Incentive Plan and the terms of the related award agreement, shares of the Issuer's common stock are issued to the Reporting Person as his or her restricted stock units vest, with a portion of the newly issued shares automatically withheld by the Issuer to satisfy the resulting withholding tax obligation. This Statement of Changes of Beneficial Ownership has been filed to reflect that withholding of shares due to a recent vesting of restricted stock units held by the Reporting Person. The withholding of the newly issued shares occurred automatically upon the vesting of the restricted stock units, and as such, no investment decision was made by the Reporting Person in connection with this transfer.
- This transaction was executed in multiple trades at prices ranging from \$66.00 to \$66.12. The price reported above reflects the weighted average sale price. The reporting person hereby (2) undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was
- (3) Consists of stock appreciation rights granted under the Herbalife Ltd. 2005 Stock Incentive Plan, of which 20% vested August 31, 2010, 20% vested August 31, 2011 and the remaining 60% will vest August 31, 2012.
- (4) These options were fully vested as of March 30, 2010.
- (5) These stock appreciation rights were fully vested as of February 27, 2012.
- (6) Consists of stock appreciation rights granted under the Herbalife Ltd. 2005 Stock Incentive Plan, of which 20% vested May 7, 2011, 20% will vest on May 7, 2012 and the remaining 60% will vest on May 7, 2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.