FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response		*										5 D 1 (1. CD	D	() 4 T	
Name and Address of Reporting Person GOUDIS RICHARD				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]							ibol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 800 W. OLYMPIC BOULEVARD, #406				3. Date of Earliest Transaction (Month/Day/Year) 02/26/2011							Year)	X Officer (give title below) Other (specify below) Chief Operating Officer					
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _ Form filed by More than One Reporting Person							
LOS ANGELES, CA 90015 (City) (State) (Zip)				Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any		, if (f Code (Instr. 8)		(A)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)			Form:	7. Nature of Indirect Beneficial			
			(Month/Day/Year)		ear)	Code	V	/ An	nount	(A) or (D)	Price	(Instr. 3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common	Stock		02/26/2011				F		1, (1)	158	D	\$ 78.2	70,890			D	
Common	Stock		02/27/2011				F		1,3 (1)	301	D	\$ 78.2	69,589			D	
Common	Stock		02/28/2011				F		1,3 (1)	334	D	\$ 78.41	68,255			D	
Reminder:	Report on a s	separate line fo	or each class of secur					Pe co the	rsons ntain e forn	s who ed in n disp	respo this fo plays a	orm are	e not requently valid	OMB conf	ormation spond unle trol numbe	ss	1474 (9-02)
4 571 0		l		<i>e.g.</i> , pu	ıts, calls,	war	rants, o	ption	ns, coi	nverti	ble sec	urities)				2 4 2	Leave
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	xercise e of vative urity		fumber f derivative ecurities cquired A) or visposed	an (M	and Expiration Date (Month/Day/Year) A U Se		Am Und Sec	Title and ount of derlying urities tr. 3 and	nt of lying ties 3 and Derivative Security (Instr. 5)		of 10. Owners Form of Derivati Security Direct (or Indirect) (I) (Instr. 4	Beneficia Ownersh (Instr. 4)				
					Code V	V (A) (D	Ex	ate cercisa	able [Expiration Date	on Titl	Amount or e Number of Shares				

Reporting Owners

		Relationships					
Reporting Owner Name / Address		Director	10% Owner	Officer	Other		
8	GOUDIS RICHARD 00 W. OLYMPIC BOULEVARD, #406 OS ANGELES, CA 90015			Chief Operating Officer			

Signatures

Richard P. Goudis by Brett R. Chapman, Attorney-in-Fact	03/01/2011

**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - Pursuant to the Issuer's 2005 Stock Incentive Plan and the terms of the related award agreement, shares of the Issuer's common stock are issued to the Reporting Person as his restricted stock units vest, with a portion of the newly issued shares automatically withheld by the Issuer to satisfy the resulting withholding tax obligation. This Statement of
- (1) Changes of Beneficial Ownership has been filed to reflect that withholding of shares due to a recent vesting of restricted stock units held by the Reporting Person. The withholding of the newly issued shares occurred automatically upon the vesting of the restricted stock units, and as such, no investment decision was made by the Reporting Person in connection with this transfer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.