FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	S)												
1. Name and Address of Reporting Person* NICHOLAS COLOMBE M				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) 800 W. OLYMPIC BLVD.			3. Date of Earliest Transaction (Month/Day/Year) 12/07/2010						Office	er (give title belo	ow)	Other (specify l	pelow)	
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
	GELES, C													
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		(A) or	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Following	6. Ownership Form:	7. Nature of Indirect Beneficial
					Code	, ,	V Amou	(A) or (D)	Price	(Instr. 3 a	and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		12/07/2010		S		1,000	D	\$ 70.01	1,905			D	
				Derivative Securit		the	ontained e form di Disposed	in this for splays a	rm are curre neficial	not requesting ntly valid	OMB con	spond unle trol numbe	ss	1474 (9-02)
1. Title of	2	3. Transactio		e.g., puts, calls, wa	arrants, 5.		. Date Exe			itle and	9 Price of	9. Number	of 10.	11. Natur
	Conversion or Exercise Price of Derivative Security	Date	Year) Execution Da	te, if Transaction Code Year) (Instr. 8)	Number and		nd Expirati	Expiration Date nth/Day/Year)		ount of erlying urities tr. 3 and	Derivative Security (Instr. 5)		Ownersh Form of Derivativ Security: Direct (D or Indirect	ip of Indirec Beneficia Ownershi (Instr. 4)
				Code V	(A) (I	E	ate xercisable	Expiratio Date	n Title	Amount or Number of Shares				

Reporting Owners

D 4 0 V 4	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
NICHOLAS COLOMBE M 800 W. OLYMPIC BLVD. LOS ANGELES, CA 90015	X					

Signatures

Colombe M. Nicholas by Brett R. Chapman, attorney-in-fact	12/08/2010
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.