

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)							
1. Name and Address of Reporting Person [*] Chiu Shin-Shing Bosco	2. Date of Event Statement (Mont 10/28/2010		3. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]				
(Last) (First) (Middle) 800 W. OLYMPIC BLVD., SUITE 406	10/28/2010		4. Relationship of Reporting Person(s) t Issuer		n(s) to	5. If Amendment, Date Original Filed(Month/Day/Year)	
(Street) LOS ANGELES, CA 90027			Director X_Officer (give the below)	k all applicable) itle 0ther (specify below) Accounting Officer		6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person	
(City) (State) (Zip)	Table I - Non-Derivative Securities Beneficially Owned						
1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Natur (Instr. 5	re of Indirect Beneficial Ownership)		
Common Stock	823		D				
Common Stock (1)	333 (2)		D				
Common Stock (3)	750 ⁽²⁾		D				
Common Stock (4)	1,876 ⁽²⁾		D				
Common Stock (5)	200 (2)		D				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	Expiration D	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		5. Ownership Form of Derivative Security:	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security	Direct (D) or Indirect (I) (Instr. 5)	
Stock Appreciation Rights	<u>(6)</u>	11/30/2016	Common Stock	5,600	\$ 38.96	D	
Stock Appreciation Rights	(7)	05/26/2017	Common Stock	3,290	\$ 40.25	D	
Stock Appreciation Rights	<u>(8)</u>	02/28/2018	Common Stock	2,600	\$ 43.13	D	
Stock Appreciation Rights	<u>(9)</u>	02/27/2019	Common Stock	3,000	\$ 13.64	D	
Stock Appreciation Rights	<u>(10)</u>	02/27/2019	Common Stock	5,000	\$ 13.64	D	
Stock Appreciation Rights	<u>(11)</u>	05/07/2020	Common Stock	3,019	\$ 45.88	D	
Stock Appreciation Rights	<u>(12)</u>	08/31/2020	Common Stock	500	\$ 55.58	D	

Reporting Owners

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
Chiu Shin-Shing Bosco 800 W. OLYMPIC BLVD., SUITE 406 LOS ANGELES, CA 90027			Principal Accounting Officer		

Signatures

Bosco Chiu by Brett R. Chapman, Attorney-in-Fact 11/05/2010 **Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of the unvested portion of an award of restricted stock units granted under the Herbalife Ltd. 2005 Stock Incentive Plan that each represent a contingent right to receive one share of common stock on vesting. These units will vest on 02/28/2011.
- (2) Includes dividend equivalents accrued with respect to this award of restricted stock units under the Herbalife Ltd. 2005 Stock Incentive Plan.
- (3) Consists of the unvested portion of an award of restricted stock units that will vest in 50% increments on 02/27/2011 and 02/27/2012.
- (4) Consists of an award of restricted stock units that will vest in one-third increments on 02/27/2012, 02/27/2013 and 02/27/2014.
- (5) Consists of the unvested portion of an award of restricted stock units that will vest in 50% increments on 08/31/2011 and 08/31/2012.
- (6) Consists of stock appreciation rights granted under the Herbalife Ltd. 2005 Stock Incentive Plan that vest in 5% quarterly increments from 12/30/2006 through 09/30/2011.
- (7) These stock appreciation rights were fully vested as of 05/29/2010.
- (8) These stock appreciation rights vest as to 20% of the award on 02/28/2009, 20% of the award on 02/28/2010 and the remaining 60% of the award on 02/28/2011.
- (9) These stock appreciation rights vest as to 20% of the award on 02/27/2010, 20% of the award on 02/27/2011 and the remaining 60% of the award on 02/27/2012.
- (10) These stock appreciation rights will vest in 1/3 increments on each of 02/27/2012, 02/27/2013 and 02/27/2014.
- (11) These stock appreciation rights vest as to 20% of the award on 05/07/2011, 20% of the award on 05/07/2012 and the remaining 60% of the award on 05/07/2013.
- (12) These stock appreciation rights vest as to 20% of the award on 08/31/2010, 20% of the award on 08/31/2011 and the remaining 60% of the award on 08/31/2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.