FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)													
1. Name and Address of Reporting Person * Henig Yair Steve				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 800 W. OLYMPIC BOULEVARD, #406				3. Date of Earliest Transaction (Month/Day/Year) 04/06/2010							X Officer (give title below) Other (specify below) Chief Scientific Officer				
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
LOS ANGELES, CA 90015 (City) (State) (Zip)			Table I - Non-Derivative Securities Acqu						ired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, it	if C	(Instr. 8)				uired of (D)	5. Amour Beneficia Reported	nt of Securities ally Owned Following I Transaction(s)		6. Ownership Form:	Beneficial
				(Month/Day/Year)	ar)	Code	V	Amoun	(A) or t (D)	Price	(Instr. 3 a	nd 4)			Ownership (Instr. 4)
Common Stock			04/06/2010			F ⁽¹⁾		951	11)	\$ 44.62	2 14,592			D	
				Derivative Secu			the ted, D	form dis	splays a of, or Ber	curre neficial	ntly valid	OMB con	spond unle trol numbe		
1. Title of	2	3. Transactio		(e.g., puts, calls,	warr 5.	ants, op					itle and	8. Price of	9. Number	of 10.	11. Natur
	Conversion or Exercise Price of Derivative Security	Date (Month/Day/	Execution Day Year) any		on Number of Dee See Acc (A Distortion of (Internal content of the	Number		6. Date Exercisable and Expiration Date (Month/Day/Year)		Amo Und Secu	ount of lerlying arities tr. 3 and			Owners Form of Derivati Security Direct (or Indire	of Indirect Beneficial Ownership (Instr. 4)
				Code	V (A	(D)	Date Exe	e rcisable	Expiratio Date	n Title	Amount or Number of Shares				
Repor	ting O	wners													

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Henig Yair Steve							
800 W. OLYMPIC BOULEVARD, #406			Chief Scientific Officer				
LOS ANGELES, CA 90015							

Signatures

Yair Steve Henig by Brett R. Chapman, Attorney-in-Fact	04/08/2010
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - Pursuant to the Issuer's 2005 Stock Incentive Plan and the terms of the related award agreement, shares of the Issuer's common stock are issued to the Reporting Person as his restricted stock units vest, with a portion of the newly issued shares automatically withheld by the Issuer to satisfy the resulting withholding tax obligation. This Statement of
- (1) Changes of Beneficial Ownership has been filed to reflect that withholding of shares due to a recent vesting of restricted stock units held by the Reporting Person. The withholding of the newly issued shares occurred automatically upon the vesting of the restricted stock units, and as such, no investment decision was made by the Reporting Person in connection with this transfer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.