UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)													
1. Name and Address of Reporting Person* CHAPMAN BRETT				2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 1800 CENTURY PARK				3. Date of Earliest Transaction (Month/Day/Year) 10/10/2006							X Officer (give title below) Other (specify below) General Counsel				
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
LOS AN	GELES, C	CA 90067										ou by more than	- one responding		
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		Code (Instr. 8)		(A)	4. Securities Acquire (A) or Disposed of (Instr. 3, 4 and 5)		of (D)	D) Beneficially Owr Reported Transac		ollowing	Ownership Form:	Beneficial
				(Month/Day/Year)		ode	V Am	ount	(A) or (D)	Price	(Instr. 3 a	nd 4)		` /	Ownership (Instr. 4)
Common	Stock (1)		10/10/2006		A	4	3,0	00	A	\$ 0	6,375			D	
				Derivative Securit		quire	d, Dispos	ed of	f, or Ben	eficial			trol numbe	r.	
1. Title of	2	3. Transaction	,	e.g., puts, calls, wa	irrant 5		6. Date E				itle and	8. Price of	9. Number	of 10.	11. Natur
Derivative Security	Conversion or Exercise Price of Derivative Security	Date	Execution Dat any	Year) (Instr. 8)	Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		and Expirati (Month/Day		n Date	Amo Und Secu	ount of lerlying urities tr. 3 and	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownersh Form of Derivati Security Direct (I or Indire	of Indirect Beneficia Ownershi (Instr. 4)
				Code V	(A)		Date Exercisab		Expiration Date	n Title	Amount or Number of Shares				
Repor	ting O	wners		Code V	(A)	(D)					_				

		Relationships							
Repor	Reporting Owner Name / Address		10% Owner	Officer	Other				
1800 CE	IAN BRETT ENTURY PARK IGELES, CA 90067			General Counsel					

Signatures

Vicki Tuchman by Power of Attorney	10/12/2006		
**Signature of Reporting Person	Date		

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Consists of grant of restricted stock units under the Herbalife Ltd. 2005 Stock Incentive Plan. Each restricted stock unit represents a contingent right to receive one share of Common Stock and vests with respect to 1/3 of the stock units awarded on date of grant, June 30, 2007 and June 30, 2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.