FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	pe Responses	s)															
1. Name and Address of Reporting Person * LEVY ROBERT					2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
,	(Last) (First) (Middle) 1800 CENTURY PARK EAST				3. Date of Earliest Transaction (Month/Day/Year) 03/09/2006								X Officer (give title below) Other (specify below) SVP - Americas				
(Street) LOS ANGELES, CA 90067					4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City	y)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		(<i>P</i>	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)			6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership		
				(wonth/Day/Tear)		Cod	le	V A	mount	(A) or (D)	Price	ion. 5 and 1)		or Indirect (Instr. 4) (Instr. 4)			
Common	Stock		03/09/2006				M		1:	2,000	A	\$ 3.52 5	56,204			D	
Common	Stock		03/09/2006				S		1:	2,000	D	\$ 32.5	14,204			D	
			Table II -					di uired,	splays Dispo	s a cui	rrently v	/alid OM ficially O	to respond IB control r Owned				
Derivative Security		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Nu Transaction of De Code Secur (Instr. 8) Acquir or Dis of (D) (Instr.		mber fivative ities ired (A) sposed (b) . 3, 4,		ite Exe ration I	, convertible securi Exercisable and ion Date (Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			9. Number of Derivative Securities Beneficially Owned Following Reported	Owners Form o Derivat Securit Direct (or Indir	Ownersh (Instr. 4)	
				Code	v	(A)	(D)	Date Exer	cisable	Expira Date	ation	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)	(S) (I) (Instr. 4)
non- qualified stock option	\$ 3.52	03/09/2006		М			2,000		(1)	10/22	2/2012	Comm	112.000	\$ 0	36,750	D	

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
LEVY ROBERT 1800 CENTURY PARK EAST LOS ANGELES, CA 90067			SVP - Americas					

Signatures

Vicki Tuchman by Power of Attorney	03/13/2006		
Signature of Reporting Person	Date		

Explanation of Responses:

- \star If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) Options vest in 5% quarterly increments commencing on December 12/31/2002 and each quarter thereafter until fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.