

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)							
1. Name and Address of Reporting Person [*] PROBERT GREGORY (Last) (First) (Middle) C/O HERBALIFE INTERNATIONAL, INC., 1800 CENTURY PARK EAST (Street)		Statement (Month/Day/Year) 12/15/2004		3. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]			
				4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X_Officer (give title below) Chief Operating Officer		Filed(Month/Day/Year)	
	Zip)	Comparison Compari					
(Instr. 4) E			neficially Owned For str. 4) (D) (I)		Ownership 4. Nature of Indirect Beneficial Ownership m: Direct (Instr. 5) or Indirect (Instr. 5)		
unless the fo	respond to the o rm displays a cu	collection of i	information OMB contro	contained in thi I number.			
1. Title of Derivative Security (Instr. 4)		Date Exercisable and piration Date		Owned (e.g., puts, calls, warran 3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		5. Ownership Form of Derivative Security:	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security S	Direct (D) or Indirect (I) (Instr. 5)	
Non-Qualified Stock Options	07/31/2004	07/31/2013	Common Stock	125,000	\$ 5	D	
Non-Qualified Stock Options	07/31/2005	07/31/2013	Common Stock	75,000	\$ 7	D	
Non-Qualified Stock Options	<u>(1)</u>	09/01/2014	Common Stock	40,000	\$9	D	
Non-Qualified Stock Options	07/31/2006	07/31/2013	Common Stock	75,000	\$11	D	
Non-Qualified Stock Options	<u>(1)</u>	09/01/2014	Common Stock	40,000	\$ 13	D	
Non-Qualified Stock Options	<u>(2)</u>	12/01/2014	Common Stock	375,000	\$ 15.5	D	
Non-Qualified Stock Options	07/31/2007	07/31/2013	Common Stock	75,000	\$ 17	D	
Non-Qualified Stock Options	<u>(1)</u>	09/01/2014	Common Stock	40,000	\$ 17	D	
Non-Qualified Stock Options	<u>(1)</u>	09/01/2014	Common Stock	40,000	\$ 21	D	
Non-Qualified Stock Options	07/31/2008	07/31/2013	Common Stock	75,000	\$ 23	D	
Non-Qualified Stock Options	<u>(1)</u>	09/01/2014	Common Stock	40,000	\$ 25	D	

Reporting Owners

Reporting Owner Name / Address

Other

Relationships

Signatures

/s/ Vicki Tuchman, by power of attorney	12/15/2004
***Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest quarterly in installments of 5% beginning 9/30/04.
- (2) Options vest in three equal installments on 12/1/07, 12/1/08, and 12/1/09.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.